1  
00:00:02,820 --> 00:00:04,700  
好，各位同学  
  
2  
00:00:04,860 --> 00:00:08,020  
咱们接着聊痰饮咳嗽这一篇  
  
3  
00:00:08,940 --> 00:00:09,500  
刚刚呢  
  
4  
00:00:09,500 --> 00:00:11,300  
我们说了几个汤正啊  
  
5  
00:00:11,420 --> 00:00:13,100  
从临桂猪肝肾气  
  
6  
00:00:13,840 --> 00:00:14,040  
呃  
  
7  
00:00:14,240 --> 00:00:18,520  
干脆半夏，他的对于痰饮的治疗啊  
  
8  
00:00:18,640 --> 00:00:23,790  
以及牵扯到大小青龙啊  
  
9  
00:00:23,910 --> 00:00:24,550  
治疗一饮  
  
10  
00:00:25,630 --> 00:00:26,630  
接着往后啊  
  
11  
00:00:27,610 --> 00:00:31,570  
那么下一个汤证呢，是木防己汤啊  
  
12  
00:00:31,610 --> 00:00:33,490  
那么木防己，实际上呢  
  
13  
00:00:33,970 --> 00:00:34,450  
呃  
  
14  
00:00:35,760 --> 00:00:39,760  
它还有一个加碱啊，去石膏加谁呢  
  
15  
00:00:40,560 --> 00:00:41,440  
茯苓芒硝  
  
16  
00:00:43,030 --> 00:00:43,230  
呃  
  
17  
00:00:43,430 --> 00:00:44,910  
依旧是我们先说一下啊  
  
18  
00:00:44,950 --> 00:00:48,510  
这个汤证从条文来说，它治的是什么啊  
  
19  
00:00:49,310 --> 00:00:54,390  
那么首先第一个讲叫隔间之隐  
  
20  
00:00:54,870 --> 00:00:55,830  
那么讲到这儿呢  
  
21  
00:00:56,030 --> 00:00:58,330  
那么其实就结束了啊  
  
22  
00:00:58,330 --> 00:00:59,890  
这就是他的要治的事  
  
23  
00:00:59,970 --> 00:01:01,130  
就是隔间之饮  
  
24  
00:01:01,710 --> 00:01:03,910  
但是古文比较幽深晦涩啊  
  
25  
00:01:03,950 --> 00:01:05,269  
年代离我们较远  
  
26  
00:01:05,590 --> 00:01:07,630  
我们有必要把它稍稍解释一下  
  
27  
00:01:07,950 --> 00:01:10,270  
这隔间说的还是凶格啊  
  
28  
00:01:10,830 --> 00:01:11,350  
所以呢  
  
29  
00:01:11,830 --> 00:01:12,030  
呃  
  
30  
00:01:12,270 --> 00:01:13,510  
从这个角度上来说呢  
  
31  
00:01:13,510 --> 00:01:15,710  
它还属于知引范畴是吧  
  
32  
00:01:15,990 --> 00:01:18,550  
那么知指的就是旁支的意思  
  
33  
00:01:18,550 --> 00:01:20,510  
我们刚才讲叫支和干对吧  
  
34  
00:01:20,910 --> 00:01:23,310  
那就是旁边的那个旁支的意思啊  
  
35  
00:01:23,910 --> 00:01:25,190  
那么叫隔间知饮  
  
36  
00:01:26,930 --> 00:01:27,130  
呃  
  
37  
00:01:27,530 --> 00:01:28,010  
那么  
  
38  
00:01:30,500 --> 00:01:31,900  
隔天之饮怎么样了啊  
  
39  
00:01:32,580 --> 00:01:33,580  
从条文来说  
  
40  
00:01:35,060 --> 00:01:35,940  
讲这么一个事  
  
41  
00:01:36,340 --> 00:01:37,620  
奇人喘满  
  
42  
00:01:38,580 --> 00:01:41,460  
那么首先气喘喘不上来气  
  
43  
00:01:42,620 --> 00:01:43,540  
胸胁满闷  
  
44  
00:01:44,700 --> 00:01:45,580  
与此同时  
  
45  
00:01:46,820 --> 00:01:48,910  
心下披肩  
  
46  
00:01:49,270 --> 00:01:52,870  
那么还是胃脘部是一个硬满的状态啊  
  
47  
00:01:52,950 --> 00:01:54,550  
那么我们也从这儿呢  
  
48  
00:01:55,110 --> 00:01:57,830  
侧面的能够推测出来啊  
  
49  
00:01:57,830 --> 00:02:00,910  
我所用的这个本子肯定是隋朝以前的啊  
  
50  
00:02:00,910 --> 00:02:02,590  
因为他没有避杨坚的讳  
  
51  
00:02:04,040 --> 00:02:07,280  
呃，面色这个叫黎黑啊  
  
52  
00:02:07,520 --> 00:02:09,560  
黎黑是什么  
  
53  
00:02:09,639 --> 00:02:10,400  
哪种黑呢  
  
54  
00:02:10,400 --> 00:02:11,840  
就如烟熏色啊  
  
55  
00:02:11,840 --> 00:02:14,640  
你看着就像那种黑漆漆的感觉啊  
  
56  
00:02:15,040 --> 00:02:17,850  
特别暗其迈陈锦  
  
57  
00:02:20,440 --> 00:02:22,600  
那么麦是一个沉锦之象啊  
  
58  
00:02:23,760 --> 00:02:26,360  
呃得之，数10日啊  
  
59  
00:02:26,840 --> 00:02:29,920  
一兔下之不愈，木房几汤主之  
  
60  
00:02:30,970 --> 00:02:32,930  
那么我们总结一下啊  
  
61  
00:02:33,090 --> 00:02:34,610  
他讲了一个什么问题  
  
62  
00:02:36,540 --> 00:02:41,230  
无非是呃，知隐之后啊  
  
63  
00:02:41,670 --> 00:02:44,590  
那么产生的几个特征，一个是喘  
  
64  
00:02:45,110 --> 00:02:47,710  
一个是心下的这种  
  
65  
00:02:49,230 --> 00:02:52,310  
披肩，还有一个就是面色的梨黑啊  
  
66  
00:02:52,590 --> 00:02:53,830  
那么煎这个陈锦脉  
  
67  
00:02:54,750 --> 00:02:54,950  
额  
  
68  
00:02:55,070 --> 00:02:56,230  
所以这个汤证呢  
  
69  
00:02:56,390 --> 00:02:57,830  
其实在临床中  
  
70  
00:02:58,730 --> 00:03:01,810  
它的辨识非常的简单  
  
71  
00:03:02,410 --> 00:03:04,770  
这个汤症的人就特别有特征啊  
  
72  
00:03:04,810 --> 00:03:07,280  
基本上你用望诊就能看出来，啊  
  
73  
00:03:07,280 --> 00:03:09,280  
这个是一点都不奇怪啊  
  
74  
00:03:09,280 --> 00:03:10,640  
就用望诊就能看出来  
  
75  
00:03:10,640 --> 00:03:11,680  
而且极有特征  
  
76  
00:03:12,260 --> 00:03:12,460  
呃  
  
77  
00:03:12,500 --> 00:03:14,540  
咱们也经常能看见这样的人啊  
  
78  
00:03:15,020 --> 00:03:16,420  
那么一搭眼儿  
  
79  
00:03:16,820 --> 00:03:19,340  
那我说长得黑不是那回事啊  
  
80  
00:03:19,420 --> 00:03:20,980  
他这个中国人啊  
  
81  
00:03:20,980 --> 00:03:21,700  
是黄种人  
  
82  
00:03:21,940 --> 00:03:23,540  
我们说他的面色呢  
  
83  
00:03:23,540 --> 00:03:26,210  
所谓红黄隐隐，有的人晒得黑  
  
84  
00:03:26,250 --> 00:03:27,090  
那是两两回事  
  
85  
00:03:27,090 --> 00:03:29,310  
儿呃呃，各位都见过  
  
86  
00:03:29,310 --> 00:03:31,590  
尤其我们一多半都是搞临床的啊  
  
87  
00:03:32,030 --> 00:03:35,010  
那么在门诊上肯定也是特别有体会  
  
88  
00:03:35,410 --> 00:03:36,810  
呃，那么一搭眼儿啊  
  
89  
00:03:37,170 --> 00:03:42,610  
就是面部就是像烟熏一样那种黑色洗还洗不掉啊  
  
90  
00:03:42,610 --> 00:03:43,810  
从里到外透着黑  
  
91  
00:03:44,750 --> 00:03:46,990  
这种基本上八九不离十  
  
92  
00:03:47,030 --> 00:03:49,550  
跟木方鸡汤就有联系啊  
  
93  
00:03:49,750 --> 00:03:51,520  
那么很多病，呃  
  
94  
00:03:51,560 --> 00:03:53,080  
你像那个肾病啊  
  
95  
00:03:53,080 --> 00:03:54,400  
血液病啊，等等啊  
  
96  
00:03:54,400 --> 00:03:55,600  
那一会我们细说啊  
  
97  
00:03:56,120 --> 00:03:58,080  
那么都会时常能看见  
  
98  
00:03:58,200 --> 00:03:59,080  
时常能看见  
  
99  
00:03:59,470 --> 00:04:01,350  
那么归根结底说1000道1万啊  
  
100  
00:04:01,430 --> 00:04:03,470  
那么这个黑色代表什么  
  
101  
00:04:03,900 --> 00:04:04,540  
咱们都知道  
  
102  
00:04:04,540 --> 00:04:08,220  
从内心之中我们讲这个五色啊  
  
103  
00:04:08,930 --> 00:04:11,370  
那么青黄赤白黑各有不同  
  
104  
00:04:12,090 --> 00:04:13,050  
那么黑色啊  
  
105  
00:04:13,130 --> 00:04:15,010  
肯定是为肾主对吧  
  
106  
00:04:15,370 --> 00:04:15,610  
哎  
  
107  
00:04:15,610 --> 00:04:17,940  
黑色主肾主水  
  
108  
00:04:18,700 --> 00:04:21,740  
那么为啥我们讲五脏者藏也啊  
  
109  
00:04:22,230 --> 00:04:23,350  
藏精气而不泄  
  
110  
00:04:23,550 --> 00:04:24,630  
咱们说这有道理吧  
  
111  
00:04:24,790 --> 00:04:26,430  
那五脏者主主武藏  
  
112  
00:04:26,510 --> 00:04:27,470  
他其实就是藏的  
  
113  
00:04:27,870 --> 00:04:29,590  
那么肾藏什么藏精  
  
114  
00:04:30,380 --> 00:04:31,500  
那么我们就说一个问题  
  
115  
00:04:31,940 --> 00:04:36,060  
当肾不能够行他的封藏之令的时候  
  
116  
00:04:36,730 --> 00:04:39,130  
造成肾内所藏之精外溢  
  
117  
00:04:40,390 --> 00:04:41,190  
陷于面部  
  
118  
00:04:42,070 --> 00:04:46,310  
那么就会造成面色黑啊  
  
119  
00:04:46,830 --> 00:04:49,920  
而且木防己汤在这  
  
120  
00:04:49,920 --> 00:04:51,920  
我单刀直入的跟大家讲啊  
  
121  
00:04:52,160 --> 00:04:53,640  
直接把他病机点出来  
  
122  
00:04:54,830 --> 00:04:59,230  
那么这个木防己，汤正的面色黑又具备它的特征  
  
123  
00:04:59,350 --> 00:05:00,790  
什么隔间之隐是吧  
  
124  
00:05:01,270 --> 00:05:01,470  
哎  
  
125  
00:05:01,550 --> 00:05:04,970  
心下痞坚卖陈锦等啊，传满  
  
126  
00:05:05,400 --> 00:05:08,160  
那么证明它符合一个问题  
  
127  
00:05:08,160 --> 00:05:11,640  
那么我们说土和水是时间相制衡的嘛  
  
128  
00:05:12,080 --> 00:05:15,510  
内经也有一句话叫未为甚官，是不是  
  
129  
00:05:15,950 --> 00:05:19,350  
那么脾土本身能够节制肾水  
  
130  
00:05:20,180 --> 00:05:23,980  
那么如果反之，出现了这种脂饮水气泛易啊  
  
131  
00:05:24,460 --> 00:05:25,780  
那么辛夏又疲倦了  
  
132  
00:05:25,780 --> 00:05:27,390  
土已经，对吧  
  
133  
00:05:27,910 --> 00:05:28,110  
哎  
  
134  
00:05:28,230 --> 00:05:30,550  
图已经这个这个，呃  
  
135  
00:05:31,590 --> 00:05:33,630  
已经什么样了，已已已已经  
  
136  
00:05:35,510 --> 00:05:36,070  
堵上了  
  
137  
00:05:36,070 --> 00:05:37,030  
被邪气堵上了  
  
138  
00:05:38,310 --> 00:05:41,390  
那么咱们打一个不恰当的比方  
  
139  
00:05:42,050 --> 00:05:45,690  
就像某一个城市，你你你说他罪犯现在管不住了  
  
140  
00:05:46,170 --> 00:05:47,010  
最后发现呢  
  
141  
00:05:47,730 --> 00:05:48,010  
哎  
  
142  
00:05:48,610 --> 00:05:52,090  
这个这个黑社会老大已经跑当地警察局办公了  
  
143  
00:05:52,130 --> 00:05:53,010  
怎么讲这个道理  
  
144  
00:05:53,370 --> 00:05:55,970  
那是不是证明他这法制已经崩溃了  
  
145  
00:05:56,220 --> 00:05:57,660  
说111个事，儿啊  
  
146  
00:05:58,140 --> 00:05:58,980  
那么也是一样  
  
147  
00:05:59,220 --> 00:06:02,740  
那么你质节水的脾  
  
148  
00:06:03,480 --> 00:06:06,480  
这个位置已经邪气已经办公了  
  
149  
00:06:06,480 --> 00:06:08,360  
他们家已经在这堵着了  
  
150  
00:06:08,990 --> 00:06:11,350  
那么就说明图已经败了啊  
  
151  
00:06:11,390 --> 00:06:12,150  
所以这块呢  
  
152  
00:06:12,150 --> 00:06:13,670  
我总结了四个字啊  
  
153  
00:06:13,990 --> 00:06:16,900  
那么大家可以予以汇存啊  
  
154  
00:06:17,060 --> 00:06:19,100  
那么你就想到这个汤证的时候  
  
155  
00:06:19,100 --> 00:06:20,660  
你把这四个字把它捋出来  
  
156  
00:06:20,780 --> 00:06:23,490  
整个汤正这一条线，你就都抓在手里  
  
157  
00:06:23,490 --> 00:06:24,370  
就非常的简单  
  
158  
00:06:24,610 --> 00:06:25,250  
就四个字  
  
159  
00:06:26,490 --> 00:06:29,740  
土败水生，什么意思啊  
  
160  
00:06:29,860 --> 00:06:31,580  
土土叫脾土的意思是吧  
  
161  
00:06:31,860 --> 00:06:33,380  
他败了脾土败了  
  
162  
00:06:33,460 --> 00:06:34,340  
败了之后，怎么样呢  
  
163  
00:06:34,340 --> 00:06:35,220  
水水  
  
164  
00:06:35,220 --> 00:06:35,980  
这是什么水啊  
  
165  
00:06:35,980 --> 00:06:37,300  
肾水上升  
  
166  
00:06:37,950 --> 00:06:38,950  
那么我们说啊  
  
167  
00:06:39,030 --> 00:06:39,750  
自古以来  
  
168  
00:06:39,750 --> 00:06:41,070  
我们讲讲，呃  
  
169  
00:06:41,190 --> 00:06:42,150  
水往低处流  
  
170  
00:06:42,190 --> 00:06:43,670  
水肯定是要居于下位  
  
171  
00:06:43,950 --> 00:06:45,750  
但是经阳气的气化  
  
172  
00:06:46,110 --> 00:06:47,670  
它才能够蒸腾而上  
  
173  
00:06:47,940 --> 00:06:49,220  
水火既济，凯利电道  
  
174  
00:06:49,500 --> 00:06:50,140  
这是生理  
  
175  
00:06:50,860 --> 00:06:54,510  
但是在得病状态下的时候，水能不能上去呢  
  
176  
00:06:54,910 --> 00:06:55,910  
也能啊  
  
177  
00:06:56,030 --> 00:06:59,790  
它怎么上去，就是完全是土制不住它了  
  
178  
00:07:00,430 --> 00:07:01,150  
反上来了  
  
179  
00:07:01,550 --> 00:07:02,990  
我们有两个字啊  
  
180  
00:07:03,430 --> 00:07:04,950  
一个叫纵，一个叫横  
  
181  
00:07:05,230 --> 00:07:07,790  
这是在内经里说的啊，纵和横  
  
182  
00:07:08,200 --> 00:07:10,400  
呃，在这我说一下其实纵合横是啥  
  
183  
00:07:10,400 --> 00:07:11,280  
无非是生克  
  
184  
00:07:11,720 --> 00:07:14,690  
也有一个说法叫称污，是不是啊  
  
185  
00:07:14,970 --> 00:07:19,170  
那么什么叫纵纵也就是称的意思啊  
  
186  
00:07:19,370 --> 00:07:20,650  
比如说金能克木  
  
187  
00:07:21,520 --> 00:07:23,000  
金克木克的太过  
  
188  
00:07:23,320 --> 00:07:24,760  
那你本来就克他嘛，对吧  
  
189  
00:07:24,960 --> 00:07:27,400  
只是我克重了，用力过猛了  
  
190  
00:07:27,920 --> 00:07:31,050  
那么这个我称为纵，或者叫称  
  
191  
00:07:31,610 --> 00:07:35,010  
打比方，就像过去我们讲叫叫那个军队  
  
192  
00:07:35,770 --> 00:07:37,890  
说手下的兵管不住叫纵  
  
193  
00:07:37,890 --> 00:07:38,650  
兵行抢  
  
194  
00:07:39,520 --> 00:07:42,480  
那么你兵本来就比民强嘛，是吧  
  
195  
00:07:42,600 --> 00:07:43,960  
那这个叫赠纵  
  
196  
00:07:44,640 --> 00:07:46,720  
但是你说民要反过来把兵揍了  
  
197  
00:07:47,670 --> 00:07:48,990  
这个就叫污了是吧  
  
198  
00:07:49,190 --> 00:07:50,550  
我们叫侮辱的侮啊  
  
199  
00:07:50,950 --> 00:07:53,150  
称和污，那么这个就叫横了吧  
  
200  
00:07:53,740 --> 00:07:54,900  
唉，就叫横了啊  
  
201  
00:07:55,180 --> 00:07:56,100  
就反过来了  
  
202  
00:07:56,500 --> 00:07:57,620  
那么所以说呢  
  
203  
00:07:58,100 --> 00:08:01,060  
这种情况就是一个反物之象  
  
204  
00:08:01,580 --> 00:08:03,500  
用内经讲叫恒恒是吧  
  
205  
00:08:03,860 --> 00:08:04,060  
哎  
  
206  
00:08:04,060 --> 00:08:06,170  
叫横逆，水气之横逆啊  
  
207  
00:08:06,170 --> 00:08:06,850  
横逆于脾土  
  
208  
00:08:07,890 --> 00:08:09,810  
那么既然这样的话怎么办呢  
  
209  
00:08:09,810 --> 00:08:10,970  
咱们就是得想招  
  
210  
00:08:12,130 --> 00:08:16,330  
把这个呃水汽把它给划掉啊  
  
211  
00:08:16,530 --> 00:08:17,650  
把这个事给解决  
  
212  
00:08:19,690 --> 00:08:21,090  
因此这里头用了一个药  
  
213  
00:08:21,090 --> 00:08:21,570  
对啊  
  
214  
00:08:21,610 --> 00:08:23,330  
这个方也特别的简单  
  
215  
00:08:23,410 --> 00:08:25,090  
我一讲大家都记住了  
  
216  
00:08:25,610 --> 00:08:29,810  
呃，跟刚才的甘遂半夏汤有一个异曲同工之妙  
  
217  
00:08:30,050 --> 00:08:31,890  
这里头也藏着一个新开口  
  
218  
00:08:31,890 --> 00:08:33,520  
将大伙儿看见了吗  
  
219  
00:08:34,120 --> 00:08:35,480  
那么木防己啊  
  
220  
00:08:35,929 --> 00:08:36,169  
哎  
  
221  
00:08:36,210 --> 00:08:37,169  
咱们说到这儿啊  
  
222  
00:08:37,250 --> 00:08:38,530  
简单说说，呃  
  
223  
00:08:38,650 --> 00:08:39,169  
房脊呢  
  
224  
00:08:39,169 --> 00:08:40,289  
很多同学问我说  
  
225  
00:08:40,289 --> 00:08:42,370  
老师，你有机会跟我们说说啊  
  
226  
00:08:42,409 --> 00:08:44,210  
哪个叫木房戟  
  
227  
00:08:44,570 --> 00:08:46,930  
哪个叫粉防己，是不是  
  
228  
00:08:47,490 --> 00:08:47,730  
哎  
  
229  
00:08:47,770 --> 00:08:50,370  
那在这我说一下，房己只有两种啊  
  
230  
00:08:51,250 --> 00:08:53,290  
一个叫木房几  
  
231  
00:08:54,610 --> 00:08:57,490  
一个叫汉方纪啊  
  
232  
00:08:57,810 --> 00:08:58,810  
一个叫木房集  
  
233  
00:08:58,890 --> 00:09:00,130  
一个叫汉方集  
  
234  
00:09:00,730 --> 00:09:00,970  
呃  
  
235  
00:09:01,330 --> 00:09:01,770  
那么  
  
236  
00:09:02,920 --> 00:09:06,880  
这个汉防己肯定是那么生于汉中，对不对啊  
  
237  
00:09:07,480 --> 00:09:07,760  
哎  
  
238  
00:09:08,200 --> 00:09:08,840  
木房己呢  
  
239  
00:09:08,840 --> 00:09:10,520  
还有一名叫广防己  
  
240  
00:09:11,480 --> 00:09:13,160  
那么在岭南这个地方  
  
241  
00:09:13,440 --> 00:09:14,880  
呃，也也是有的啊  
  
242  
00:09:15,000 --> 00:09:17,120  
那么称为广方集，呃  
  
243  
00:09:18,290 --> 00:09:18,810  
当然了  
  
244  
00:09:19,690 --> 00:09:21,650  
汉防己还有一个名字叫粉防己  
  
245  
00:09:21,650 --> 00:09:22,370  
我捋一下啊  
  
246  
00:09:22,890 --> 00:09:25,490  
木房脊又名广防己  
  
247  
00:09:29,520 --> 00:09:33,080  
汉房脊又名粉防己，在这捋捋清了啊  
  
248  
00:09:33,080 --> 00:09:33,880  
大伙别乱啊  
  
249  
00:09:34,600 --> 00:09:38,160  
两条线，木房脊的那个根儿啊  
  
250  
00:09:39,040 --> 00:09:39,840  
长而圆  
  
251  
00:09:41,000 --> 00:09:41,920  
比较粗大  
  
252  
00:09:42,790 --> 00:09:46,470  
而粉房脊也就是我们说的那个那个那个汉房脊呢  
  
253  
00:09:46,470 --> 00:09:47,870  
相对来说他长得不是那么圆  
  
254  
00:09:48,390 --> 00:09:49,230  
它根比较细  
  
255  
00:09:49,270 --> 00:09:50,790  
他就这个区别啊  
  
256  
00:09:51,480 --> 00:09:53,120  
呃，二者不同  
  
257  
00:09:53,890 --> 00:09:54,890  
那么通常来说  
  
258  
00:09:54,890 --> 00:09:59,210  
我们如果以它的形状的粗大为审美标准的时候  
  
259  
00:09:59,410 --> 00:10:01,930  
那肯定要是木房几更圣旨是吧  
  
260  
00:10:02,350 --> 00:10:02,550  
唉  
  
261  
00:10:02,670 --> 00:10:04,150  
那有所不同  
  
262  
00:10:06,390 --> 00:10:07,110  
呃  
  
263  
00:10:10,000 --> 00:10:11,560  
那么这个二者  
  
264  
00:10:13,700 --> 00:10:15,220  
我们就是就是说啊  
  
265  
00:10:15,580 --> 00:10:16,500  
都有一共性  
  
266  
00:10:17,640 --> 00:10:17,840  
呃  
  
267  
00:10:18,360 --> 00:10:22,440  
咱们之前讲那个防己黄芪汤的时候给大家都说过，是不是哎  
  
268  
00:10:23,110 --> 00:10:26,950  
它的缎面长得就如同叫服凑  
  
269  
00:10:27,030 --> 00:10:30,570  
我经常用这这个举例子，就是像车轱辘啊  
  
270  
00:10:30,970 --> 00:10:31,890  
车轱辘什么样啊  
  
271  
00:10:31,890 --> 00:10:34,730  
他那车条一根一根的，分散开的吧  
  
272  
00:10:35,250 --> 00:10:36,330  
就像风扇一样  
  
273  
00:10:36,930 --> 00:10:41,330  
那么我说凡是长成这种形状的东西，它都有一个作用  
  
274  
00:10:41,890 --> 00:10:44,170  
行气利水，是不是它能够行气  
  
275  
00:10:44,170 --> 00:10:45,530  
能够通行行气利水  
  
276  
00:10:45,810 --> 00:10:46,650  
因此房己呢  
  
277  
00:10:46,650 --> 00:10:49,250  
我们之前说过，他的四个字叫防卫己土  
  
278  
00:10:49,650 --> 00:10:51,410  
防止水气怎么样啊  
  
279  
00:10:51,930 --> 00:10:52,730  
称鱼脾土  
  
280  
00:10:53,090 --> 00:10:53,970  
那么现在啊  
  
281  
00:10:54,850 --> 00:10:58,610  
水汽秤土已经达到了一个实所未有的程度，是不是  
  
282  
00:10:59,010 --> 00:10:59,210  
哎  
  
283  
00:10:59,250 --> 00:11:03,610  
就是现在这个，我们说流氓团伙已经到公安系统办公了啊  
  
284  
00:11:03,730 --> 00:11:05,170  
就是已经到这种程度了  
  
285  
00:11:05,450 --> 00:11:07,170  
那么是不是应该重振一下  
  
286  
00:11:07,580 --> 00:11:11,060  
我们讲这个这个公安系统的这个威严呢  
  
287  
00:11:11,060 --> 00:11:11,340  
是吧  
  
288  
00:11:11,700 --> 00:11:12,580  
扫清一下啊  
  
289  
00:11:12,820 --> 00:11:13,820  
就是这个道理  
  
290  
00:11:13,970 --> 00:11:15,490  
所以现在就是防己当家  
  
291  
00:11:15,770 --> 00:11:18,130  
因此这个汤叫什么汤，叫木防己汤  
  
292  
00:11:18,530 --> 00:11:19,570  
就这么简单啊  
  
293  
00:11:20,020 --> 00:11:21,580  
所以说到这儿，大家就明白了  
  
294  
00:11:22,270 --> 00:11:23,310  
木防己汤做镇  
  
295  
00:11:23,510 --> 00:11:24,990  
那么它是一个苦味  
  
296  
00:11:25,230 --> 00:11:26,430  
给它配一个药吧  
  
297  
00:11:26,830 --> 00:11:28,590  
那么说中间有问题的时候  
  
298  
00:11:28,590 --> 00:11:32,460  
是不是得用一个这个散结之法呀  
  
299  
00:11:32,460 --> 00:11:34,220  
这个法我们通常叫辛开苦降  
  
300  
00:11:34,820 --> 00:11:36,220  
这个法我们遇到过很多回  
  
301  
00:11:36,620 --> 00:11:37,220  
比如说  
  
302  
00:11:38,500 --> 00:11:41,780  
在呃，最早半夏辛辛汤没错吧  
  
303  
00:11:41,820 --> 00:11:44,420  
半夏干姜新开秦连苦降  
  
304  
00:11:44,660 --> 00:11:47,780  
那么因为他辛夏P是不是啊  
  
305  
00:11:48,300 --> 00:11:50,780  
那么在当归四逆汤之中有吧  
  
306  
00:11:51,490 --> 00:11:52,810  
那么手足厥寒，脉细欲绝  
  
307  
00:11:52,810 --> 00:11:53,770  
用当归四逆汤主之  
  
308  
00:11:53,930 --> 00:11:54,970  
若内有九寒者  
  
309  
00:11:54,970 --> 00:11:56,050  
那么里头有堵着  
  
310  
00:11:56,250 --> 00:11:57,010  
堵了之后怎么办  
  
311  
00:11:57,410 --> 00:12:01,070  
无助于生姜，无助于苦降生姜新开是不是啊  
  
312  
00:12:01,430 --> 00:12:04,030  
那么刚才讲，干脆半夏汤不还是一个辛开苦降吗  
  
313  
00:12:04,710 --> 00:12:07,060  
哎，我们刚刚说过啊  
  
314  
00:12:07,620 --> 00:12:09,460  
一个半夏，一个干碎啊  
  
315  
00:12:09,500 --> 00:12:10,420  
一个新开，一个苦腔  
  
316  
00:12:10,420 --> 00:12:11,340  
那么在这也是啊  
  
317  
00:12:11,660 --> 00:12:15,230  
桂枝新开以开中焦啊之寒  
  
318  
00:12:15,990 --> 00:12:16,910  
加上谁呢  
  
319  
00:12:18,000 --> 00:12:19,160  
把木方剂加上啊  
  
320  
00:12:19,240 --> 00:12:20,040  
一苦一辛  
  
321  
00:12:20,380 --> 00:12:23,260  
那么这个呢，其实不是我的发现啊  
  
322  
00:12:23,620 --> 00:12:24,580  
是谁说的呢  
  
323  
00:12:24,980 --> 00:12:27,980  
清代医家犹在敬先生啊  
  
324  
00:12:28,860 --> 00:12:30,940  
那么他发现的，他说这么一个问题  
  
325  
00:12:31,740 --> 00:12:33,620  
木防己，桂枝忆苦一心  
  
326  
00:12:34,300 --> 00:12:36,100  
并能行走水汽  
  
327  
00:12:37,140 --> 00:12:38,220  
而散结气  
  
328  
00:12:38,700 --> 00:12:40,340  
这句话你别看就这么几个字啊  
  
329  
00:12:40,740 --> 00:12:42,100  
那我为啥把他举出来  
  
330  
00:12:42,100 --> 00:12:43,140  
其实每次呢  
  
331  
00:12:43,140 --> 00:12:50,970  
我都是有意的在呃举一些这个古代医家给大家说出来  
  
332  
00:12:51,400 --> 00:12:52,880  
当然这个呢要恰到好处  
  
333  
00:12:52,880 --> 00:12:53,520  
我认为啊  
  
334  
00:12:54,000 --> 00:12:56,920  
首先我在课堂上举例，不能举得太多  
  
335  
00:12:57,440 --> 00:12:59,640  
举太多呢就成文献综述了啊  
  
336  
00:12:59,640 --> 00:13:01,280  
那这跟讲课就没啥关系了  
  
337  
00:13:01,560 --> 00:13:02,920  
但我认为又不能不举  
  
338  
00:13:03,040 --> 00:13:03,640  
为什么  
  
339  
00:13:04,800 --> 00:13:06,240  
因为我本人的医学呀  
  
340  
00:13:06,640 --> 00:13:10,310  
成自于呃，前代古人对吧  
  
341  
00:13:10,630 --> 00:13:13,830  
那么传于传于恩师啊，成于前代古人  
  
342  
00:13:14,150 --> 00:13:16,870  
那么我们这东西都是学有本末啊  
  
343  
00:13:16,910 --> 00:13:18,110  
都不是无根之水  
  
344  
00:13:18,440 --> 00:13:20,480  
我在这呢，也就是希望大家呀  
  
345  
00:13:20,920 --> 00:13:22,360  
那么既然你学经典  
  
346  
00:13:22,400 --> 00:13:23,800  
你多看看古人的东西  
  
347  
00:13:23,800 --> 00:13:27,120  
那么学有本源，我们就不用老是拾人牙慧  
  
348  
00:13:27,430 --> 00:13:31,520  
其实你看很多东西一些这个论述啊  
  
349  
00:13:32,200 --> 00:13:36,870  
你看来看去，源头往往有的时候就那一个木防己汤  
  
350  
00:13:36,950 --> 00:13:38,190  
我把这句话点出来  
  
351  
00:13:38,230 --> 00:13:42,840  
你看后世有数家论述  
  
352  
00:13:44,460 --> 00:13:47,020  
那么古人可能没有产权保护意识啊  
  
353  
00:13:47,420 --> 00:13:48,660  
那几乎一个字都没改  
  
354  
00:13:48,940 --> 00:13:50,620  
就我刚才跟你说那几句话  
  
355  
00:13:51,280 --> 00:13:52,760  
但是他总得有一个根儿吧  
  
356  
00:13:53,280 --> 00:13:55,120  
所以每次我在给大家讲课之前  
  
357  
00:13:55,560 --> 00:13:56,920  
我为什么说我要备课  
  
358  
00:13:57,310 --> 00:13:58,110  
原因很简单  
  
359  
00:13:58,110 --> 00:13:59,750  
其实我要单独就是慢谈  
  
360  
00:14:00,350 --> 00:14:01,830  
那我坐这儿，我跟你聊三天  
  
361  
00:14:01,990 --> 00:14:02,670  
我也能聊  
  
362  
00:14:02,950 --> 00:14:03,790  
实话实说  
  
363  
00:14:04,130 --> 00:14:06,010  
但是讲课这东西就两回事了  
  
364  
00:14:06,010 --> 00:14:07,530  
这东西是要留下来是不是啊  
  
365  
00:14:07,770 --> 00:14:08,610  
大家要有用  
  
366  
00:14:08,810 --> 00:14:10,210  
那这个时候我就要严谨  
  
367  
00:14:10,670 --> 00:14:12,230  
那我就得自己重新做功课  
  
368  
00:14:12,550 --> 00:14:17,300  
我往往是把明以前，一直到这个近代  
  
369  
00:14:17,460 --> 00:14:20,260  
到到建国以前的历代医家的论述  
  
370  
00:14:20,260 --> 00:14:23,390  
我把它按照时间顺序从头到尾捋一遍啊  
  
371  
00:14:23,390 --> 00:14:24,830  
所以我说备课用的时间长  
  
372  
00:14:25,190 --> 00:14:27,350  
那捋一遍之后就会发现一个很神奇的东西  
  
373  
00:14:27,710 --> 00:14:28,630  
同样一个论点  
  
374  
00:14:29,030 --> 00:14:30,350  
当你拍案叫绝的时候  
  
375  
00:14:30,350 --> 00:14:32,370  
后来你发现比他早100年  
  
376  
00:14:32,370 --> 00:14:34,290  
有一个一家说的也是这个  
  
377  
00:14:34,290 --> 00:14:36,330  
但是一个字儿都没改啊  
  
378  
00:14:36,790 --> 00:14:38,710  
你对前一个一家的敬仰  
  
379  
00:14:40,320 --> 00:14:42,440  
可能就也不能说打折扣  
  
380  
00:14:42,440 --> 00:14:44,300  
但是呢，你就发现了啊  
  
381  
00:14:44,300 --> 00:14:46,140  
这个东西它是有一个韵根的  
  
382  
00:14:46,580 --> 00:14:49,630  
那么在这儿我每次大家注意我  
  
383  
00:14:49,630 --> 00:14:51,390  
在我能力范畴之内啊，我  
  
384  
00:14:51,390 --> 00:14:52,990  
那我能力是有限的是吧  
  
385  
00:14:53,350 --> 00:14:55,310  
那很多东西咱们也也是能力有限的  
  
386  
00:14:55,500 --> 00:14:56,700  
那么在我能力范围之内  
  
387  
00:14:56,700 --> 00:15:01,560  
我把最原始和最原汁原味的东西把它给引荐过来  
  
388  
00:15:01,840 --> 00:15:02,840  
但还不是照搬  
  
389  
00:15:02,920 --> 00:15:05,280  
我有我的想法和我的经验，对吧  
  
390  
00:15:05,520 --> 00:15:07,300  
那么把它融合到一起，呃  
  
391  
00:15:07,300 --> 00:15:09,420  
我不做评论，给大家呈现出来  
  
392  
00:15:09,700 --> 00:15:11,930  
那么以为古今之通义啊  
  
393  
00:15:11,930 --> 00:15:15,410  
那么这个也是我在讲金贵客的时候的一个发心啊  
  
394  
00:15:15,790 --> 00:15:16,390  
那么在这儿呢  
  
395  
00:15:16,390 --> 00:15:18,550  
大家要注意这一段来说啊  
  
396  
00:15:18,710 --> 00:15:20,910  
仅仅就是这一段来说  
  
397  
00:15:21,450 --> 00:15:25,450  
还是清代的，犹再敬先生论述较为精道啊  
  
398  
00:15:25,530 --> 00:15:27,770  
那么在这儿大家就把它注意一下  
  
399  
00:15:29,130 --> 00:15:29,970  
那么后面呢  
  
400  
00:15:30,330 --> 00:15:31,530  
呃，有两个药  
  
401  
00:15:31,570 --> 00:15:32,730  
一个石膏，一个人参  
  
402  
00:15:32,730 --> 00:15:34,840  
有的时候同学们就被篡了  
  
403  
00:15:34,840 --> 00:15:36,360  
或者或者是看着看着之后  
  
404  
00:15:36,360 --> 00:15:38,090  
就就把他搞不清楚了  
  
405  
00:15:38,370 --> 00:15:39,330  
在这刘先生呢  
  
406  
00:15:39,330 --> 00:15:40,930  
又说了几两个事啊  
  
407  
00:15:40,930 --> 00:15:42,410  
那么大家注意一下吧  
  
408  
00:15:42,410 --> 00:15:44,290  
我觉得是比较有意义的啊  
  
409  
00:15:44,290 --> 00:15:46,020  
就不用我讲这个方姐  
  
410  
00:15:46,020 --> 00:15:47,460  
大家自动就会了啊  
  
411  
00:15:48,380 --> 00:15:51,140  
那么他首先说了一个事情啊  
  
412  
00:15:51,140 --> 00:15:52,100  
说了什么事呢  
  
413  
00:15:52,690 --> 00:15:55,610  
叫匹肩之处必有富阳  
  
414  
00:15:56,370 --> 00:15:57,130  
那什么意思呢  
  
415  
00:15:57,130 --> 00:15:59,850  
就是有痞肩地方，肯定得有阳气藏着  
  
416  
00:16:00,680 --> 00:16:01,920  
敷就是伏藏的意思吧  
  
417  
00:16:02,280 --> 00:16:03,000  
这阜阳是什么  
  
418  
00:16:03,000 --> 00:16:03,600  
阜阳就是热  
  
419  
00:16:04,160 --> 00:16:05,400  
所以他一定要用一个药  
  
420  
00:16:05,400 --> 00:16:05,920  
用谁呢  
  
421  
00:16:06,840 --> 00:16:10,180  
用人参，不是不是说说错了用石膏啊  
  
422  
00:16:10,180 --> 00:16:11,820  
用石膏我一说大家明白了啊  
  
423  
00:16:11,820 --> 00:16:12,740  
就口误了啊  
  
424  
00:16:12,900 --> 00:16:14,740  
大家明白了用的石膏，石膏干什么  
  
425  
00:16:15,060 --> 00:16:17,990  
他心寒，以透散内郁之热  
  
426  
00:16:18,270 --> 00:16:19,710  
因此我们从这儿呢  
  
427  
00:16:19,950 --> 00:16:21,190  
大家思考一个问题啊  
  
428  
00:16:21,550 --> 00:16:24,550  
那么凡是心下痞肩的疾病  
  
429  
00:16:25,270 --> 00:16:28,870  
其实往往它寒热错杂的时候必须都有热  
  
430  
00:16:29,890 --> 00:16:31,770  
你细想想啊你，你细琢磨琢磨  
  
431  
00:16:31,770 --> 00:16:33,770  
这里头很微妙啊  
  
432  
00:16:33,890 --> 00:16:35,510  
半夏泻心汤是吧  
  
433  
00:16:35,950 --> 00:16:38,590  
那包括我们的一个泻心类里头  
  
434  
00:16:38,590 --> 00:16:43,370  
一个一个非常简单的最简单的泻心汤的根，心下痞按之软  
  
435  
00:16:43,410 --> 00:16:45,050  
其脉关上浮者带黄黄连  
  
436  
00:16:45,050 --> 00:16:45,730  
泻心汤主治  
  
437  
00:16:46,130 --> 00:16:48,130  
它里头一定是有热，是不是  
  
438  
00:16:48,420 --> 00:16:48,620  
哎  
  
439  
00:16:48,620 --> 00:16:51,060  
这个就是匹肩之下必有扶阳  
  
440  
00:16:51,140 --> 00:16:52,340  
这是尤先生说的啊  
  
441  
00:16:52,980 --> 00:16:53,260  
呃  
  
442  
00:16:54,220 --> 00:16:56,140  
并不是古人说的所有话都对  
  
443  
00:16:56,940 --> 00:17:00,250  
但是有很多古人说的话，那就是经典  
  
444  
00:17:00,370 --> 00:17:02,570  
就这句话你到多少年之后你都推不翻  
  
445  
00:17:03,090 --> 00:17:04,329  
他后头还说一句话啊  
  
446  
00:17:04,530 --> 00:17:06,170  
但这句话是借借助古人  
  
447  
00:17:06,910 --> 00:17:10,270  
叫吐下之后定无完气是不是啊  
  
448  
00:17:10,790 --> 00:17:14,089  
那么因此说这个也是一个土败之相吧  
  
449  
00:17:14,089 --> 00:17:15,369  
所以说他得用谁呢  
  
450  
00:17:15,369 --> 00:17:16,050  
得用人参  
  
451  
00:17:16,410 --> 00:17:19,210  
因此这个你把他的病机理解了  
  
452  
00:17:19,569 --> 00:17:22,089  
我觉得这个方你不用特意的背啊  
  
453  
00:17:22,130 --> 00:17:25,690  
真的有的时候呃，我背的方歌很有限  
  
454  
00:17:25,690 --> 00:17:29,690  
我学生都知道，我有的时候背方歌一激动就背不下来  
  
455  
00:17:29,890 --> 00:17:32,610  
就是有的时候因为这事我还吃过亏  
  
456  
00:17:33,020 --> 00:17:34,980  
当年考研的时候复习嘛，对吧  
  
457  
00:17:35,380 --> 00:17:39,060  
然后我背那个，其中有一个汤叫养阴清肺汤  
  
458  
00:17:39,970 --> 00:17:44,010  
哎，这个方格我现在还记得养阴清肺是妙方  
  
459  
00:17:44,930 --> 00:17:46,050  
结果考试的时候呢  
  
460  
00:17:46,530 --> 00:17:47,650  
哎，真考这个了  
  
461  
00:17:48,090 --> 00:17:50,530  
然后我就哎，我说这个方格我背过  
  
462  
00:17:51,130 --> 00:17:52,690  
养阴清肺是妙方  
  
463  
00:17:53,500 --> 00:17:58,540  
我想下一句不会了啊  
  
464  
00:17:58,870 --> 00:18:00,510  
之后我我我我后来啊  
  
465  
00:18:00,510 --> 00:18:02,670  
我就发现这玩意还是基本功啊  
  
466  
00:18:02,670 --> 00:18:04,590  
所以同学们背功还是得趁年轻背  
  
467  
00:18:04,590 --> 00:18:07,410  
我觉得你别等岁数大了之后再想起来  
  
468  
00:18:07,730 --> 00:18:09,930  
呃，就就就比较麻烦啊  
  
469  
00:18:09,930 --> 00:18:10,810  
你趁年轻背  
  
470  
00:18:11,430 --> 00:18:13,990  
呃，但是跟我学长安金贵呢  
  
471  
00:18:14,270 --> 00:18:15,270  
我的很多学生呢  
  
472  
00:18:15,270 --> 00:18:16,710  
他慢慢也发现一个问题  
  
473  
00:18:17,730 --> 00:18:20,930  
你还需要背方歌是因为你对这方还不够熟哈  
  
474  
00:18:21,370 --> 00:18:24,530  
当然我说这个事可能比背方歌的功夫下的还大  
  
475  
00:18:25,110 --> 00:18:27,830  
因为你把小柴胡汤和解功半夏  
  
476  
00:18:27,830 --> 00:18:30,270  
人参甘草丛这里头背下来之后  
  
477  
00:18:31,920 --> 00:18:35,280  
呃，我的恩师王军老师经常考学生一个事  
  
478  
00:18:36,480 --> 00:18:37,720  
你学你方熟是吧  
  
479  
00:18:38,120 --> 00:18:39,740  
好八问你个问题  
  
480  
00:18:39,980 --> 00:18:41,860  
小青龙汤几味药当时就懵了  
  
481  
00:18:42,140 --> 00:18:44,780  
现背啊，小青龙汤桂芍麻掰手指你别背了  
  
482  
00:18:44,780 --> 00:18:45,220  
别背了  
  
483  
00:18:45,420 --> 00:18:46,790  
你还是不熟，对吧  
  
484  
00:18:46,790 --> 00:18:48,430  
小柴胡能几位啊叭啊  
  
485  
00:18:48,430 --> 00:18:51,320  
小柴胡汤和解功半夏人参干的停，知道不  
  
486  
00:18:51,780 --> 00:18:52,500  
还是不熟  
  
487  
00:18:52,540 --> 00:18:55,140  
那个方的结构没在你心里明白了吗  
  
488  
00:18:55,460 --> 00:18:57,100  
那么我们说这是方的结构  
  
489  
00:18:57,380 --> 00:18:59,740  
那么你对这个病的病基因了解了  
  
490  
00:18:59,740 --> 00:19:02,370  
你知道他是所谓面色黎黑  
  
491  
00:19:03,150 --> 00:19:05,070  
所谓的隔间支满  
  
492  
00:19:05,870 --> 00:19:10,230  
呃呃呃，隔间知饮所谓的这个胸满对吧  
  
493  
00:19:10,270 --> 00:19:13,850  
传满脉的沉紧，它都是表象  
  
494  
00:19:14,290 --> 00:19:17,850  
它的背后是土败之后的水汽的反物  
  
495  
00:19:18,380 --> 00:19:19,180  
水汽的上升  
  
496  
00:19:19,420 --> 00:19:21,620  
那么你就知道你既要解决这个土  
  
497  
00:19:21,780 --> 00:19:24,460  
这个中间的这个知饮是不是啊  
  
498  
00:19:24,580 --> 00:19:27,380  
辛开苦降用防己用谁啊  
  
499  
00:19:27,380 --> 00:19:32,140  
用桂枝你还得去致它在下产生的余热  
  
500  
00:19:32,420 --> 00:19:34,060  
也就是我们说的那个那个阜阳  
  
501  
00:19:34,220 --> 00:19:36,740  
是不是你还要去扶他的政绩  
  
502  
00:19:37,060 --> 00:19:37,540  
用人参  
  
503  
00:19:37,660 --> 00:19:39,100  
那那时候你还用背方歌吗  
  
504  
00:19:40,060 --> 00:19:41,940  
你背方歌你就觉得很  
  
505  
00:19:42,430 --> 00:19:44,110  
他那个东西是不是自然的  
  
506  
00:19:44,520 --> 00:19:45,960  
他是后天强化出来的  
  
507  
00:19:46,160 --> 00:19:47,000  
但我们这个呢  
  
508  
00:19:47,400 --> 00:19:49,280  
是你了解这个东西事情之后  
  
509  
00:19:49,480 --> 00:19:53,980  
你产生出来一个合乎于自然之理的一个先天良能啊  
  
510  
00:19:53,980 --> 00:19:58,980  
所以我提倡我教学生都是要要开发他们的先天良能  
  
511  
00:19:59,220 --> 00:20:02,610  
而不是固化和加强他们的后天意识啊  
  
512  
00:20:02,730 --> 00:20:04,530  
这是我教学的时候的一个宗旨  
  
513  
00:20:04,770 --> 00:20:06,250  
因此很多学生呢  
  
514  
00:20:06,850 --> 00:20:09,970  
这个他的后天意识如果过于强大啊  
  
515  
00:20:09,970 --> 00:20:13,350  
他学我的东西会发现学起来就很吃力啊  
  
516  
00:20:13,350 --> 00:20:16,310  
我的学生包括在座的有几位啊  
  
517  
00:20:16,310 --> 00:20:17,190  
他们自己都知道  
  
518  
00:20:17,710 --> 00:20:17,990  
呃  
  
519  
00:20:18,520 --> 00:20:19,680  
包括有一天我有学生  
  
520  
00:20:19,680 --> 00:20:21,520  
他写了一个从事心得  
  
521  
00:20:22,080 --> 00:20:23,280  
然后看了我就笑了  
  
522  
00:20:23,760 --> 00:20:25,040  
他这个换劲儿啊  
  
523  
00:20:25,040 --> 00:20:27,520  
我是给它起个名叫换劲  
  
524  
00:20:28,530 --> 00:20:29,650  
或者叫换血啊  
  
525  
00:20:29,930 --> 00:20:34,170  
他得换一年多，得在我诊室把那种后天的思维模式  
  
526  
00:20:35,680 --> 00:20:36,360  
得放下  
  
527  
00:20:36,360 --> 00:20:37,400  
放下之后，哎  
  
528  
00:20:37,800 --> 00:20:42,690  
重新的回到那种先天的道法自然那种状态里，非常难  
  
529  
00:20:42,890 --> 00:20:44,890  
而且往往是跟我学啊  
  
530  
00:20:44,890 --> 00:20:46,610  
往往是基础越好的人  
  
531  
00:20:47,820 --> 00:20:48,620  
越南进门  
  
532  
00:20:50,000 --> 00:20:50,200  
哎  
  
533  
00:20:50,280 --> 00:20:51,360  
往往是一张白纸  
  
534  
00:20:51,720 --> 00:20:53,200  
进门特别快啊  
  
535  
00:20:53,200 --> 00:20:57,160  
就像我们今年大学上岸书院30个孩子是吧  
  
536  
00:20:57,530 --> 00:21:00,290  
我教了一年半，零基础就是一张白纸  
  
537  
00:21:00,450 --> 00:21:03,520  
现在个个能开放相当一部分  
  
538  
00:21:03,520 --> 00:21:04,360  
现在有患者群  
  
539  
00:21:04,560 --> 00:21:07,400  
患者群里头相当一部分还是我们学校教职工  
  
540  
00:21:08,440 --> 00:21:08,760  
对吧  
  
541  
00:21:08,920 --> 00:21:11,440  
然后学生也有苦恼，说老师  
  
542  
00:21:11,440 --> 00:21:13,200  
有个学生特别羞涩的跟我说说  
  
543  
00:21:13,200 --> 00:21:16,320  
老师说我最近有一个事，我很郁闷  
  
544  
00:21:16,320 --> 00:21:17,200  
我说你郁闷啥呀  
  
545  
00:21:17,480 --> 00:21:20,840  
说有一个这个，有一个病人  
  
546  
00:21:20,840 --> 00:21:21,920  
我治的效果不好  
  
547  
00:21:22,080 --> 00:21:23,240  
第一针效果不错  
  
548  
00:21:23,280 --> 00:21:25,160  
后来两针就不动了  
  
549  
00:21:25,320 --> 00:21:26,680  
我说是一个傻患者啊  
  
550  
00:21:26,920 --> 00:21:29,160  
他之前在某三甲医院，我不能提示  
  
551  
00:21:29,160 --> 00:21:33,200  
那医院那个也是在那个，那个吃了中药  
  
552  
00:21:33,520 --> 00:21:34,920  
呃，就是没有效  
  
553  
00:21:35,040 --> 00:21:36,400  
而且病越来越严重  
  
554  
00:21:36,720 --> 00:21:38,600  
然后我说打断，打断打断  
  
555  
00:21:39,350 --> 00:21:40,150  
你今年大几  
  
556  
00:21:40,270 --> 00:21:41,110  
我大三老师  
  
557  
00:21:41,630 --> 00:21:44,070  
我说你要上天呢，是吧  
  
558  
00:21:44,350 --> 00:21:48,130  
在三甲医院吃没有效果，越来越严重  
  
559  
00:21:48,130 --> 00:21:52,010  
到你这一周就见好，后来不动了  
  
560  
00:21:52,450 --> 00:21:54,450  
你还回去看书去了啊  
  
561  
00:21:54,800 --> 00:21:55,280  
回去吧  
  
562  
00:21:55,720 --> 00:21:58,520  
这是饱汉子，不知饿汉子饥啊  
  
563  
00:21:58,960 --> 00:22:00,920  
就这帮孩子得来的太容易了啊  
  
564  
00:22:00,920 --> 00:22:02,730  
他不知道这东西咋回事啊  
  
565  
00:22:02,730 --> 00:22:04,890  
他完全没有意识对这个东西啊  
  
566  
00:22:05,430 --> 00:22:07,670  
那么这个还是回回来啊  
  
567  
00:22:07,670 --> 00:22:08,870  
我教大家这东西呢  
  
568  
00:22:09,190 --> 00:22:12,300  
它不是说哪个方子就治哪个病啊  
  
569  
00:22:12,380 --> 00:22:15,660  
不是这个东西我如果那么给你讲，那一定是假的  
  
570  
00:22:16,820 --> 00:22:19,060  
他也可能是70%是真的  
  
571  
00:22:20,020 --> 00:22:21,820  
他很像真的，明白了吗  
  
572  
00:22:21,940 --> 00:22:23,180  
他还是假的啊  
  
573  
00:22:23,460 --> 00:22:25,020  
那么人是动态的  
  
574  
00:22:26,260 --> 00:22:27,220  
人是动态的  
  
575  
00:22:27,960 --> 00:22:31,240  
那么你不可能两次进到同一条河流里  
  
576  
00:22:31,720 --> 00:22:34,040  
从我这个角度上来说，就是那个概念  
  
577  
00:22:34,280 --> 00:22:35,120  
那么那个人啊  
  
578  
00:22:35,480 --> 00:22:36,160  
包括这个病  
  
579  
00:22:37,440 --> 00:22:39,040  
那我我如果按技工  
  
580  
00:22:39,040 --> 00:22:41,600  
那么给你教技术工人啊  
  
581  
00:22:43,300 --> 00:22:45,420  
嗯，那我还真不会啊  
  
582  
00:22:46,060 --> 00:22:47,420  
那我这东西就是人人  
  
583  
00:22:47,420 --> 00:22:50,140  
他每次来他就是他独一无二的  
  
584  
00:22:50,820 --> 00:22:52,060  
就这个状态啊  
  
585  
00:22:52,990 --> 00:22:53,190  
嗯  
  
586  
00:22:53,510 --> 00:22:55,230  
所以你你你要学那你咋办  
  
587  
00:22:55,230 --> 00:22:56,870  
你还得一点点来是吧  
  
588  
00:22:57,710 --> 00:22:58,710  
你还得点点点来  
  
589  
00:22:59,070 --> 00:23:00,950  
你不靠内经是根本不可能啊  
  
590  
00:23:03,040 --> 00:23:03,240  
呃  
  
591  
00:23:03,360 --> 00:23:07,240  
那么所以这块就是木房几汤的一个基本法啊  
  
592  
00:23:07,240 --> 00:23:08,600  
在这给大家说完了  
  
593  
00:23:09,130 --> 00:23:09,330  
呃  
  
594  
00:23:09,370 --> 00:23:10,370  
那么这个汤呢  
  
595  
00:23:10,490 --> 00:23:12,810  
它的临证辨证要点非常简单  
  
596  
00:23:12,930 --> 00:23:15,560  
有的时候我不说金贵守官窍吗  
  
597  
00:23:15,560 --> 00:23:15,760  
对吧  
  
598  
00:23:15,760 --> 00:23:17,800  
我一看这人脸色漆黑啊  
  
599  
00:23:18,120 --> 00:23:20,720  
那么这个一来，你看就是木方剂汤症啊  
  
600  
00:23:21,000 --> 00:23:21,880  
就非常简单  
  
601  
00:23:22,230 --> 00:23:24,590  
那么你即使不用木方剂汤证，呃  
  
602  
00:23:24,590 --> 00:23:25,630  
你即使不用这个汤  
  
603  
00:23:25,630 --> 00:23:27,030  
你也可以取这个法啊  
  
604  
00:23:27,030 --> 00:23:29,960  
总之辛开苦降全得在里头啊  
  
605  
00:23:30,000 --> 00:23:32,840  
去热，包括这个补中全得在里头  
  
606  
00:23:33,320 --> 00:23:34,920  
他补这个中土用谁补呢  
  
607  
00:23:35,160 --> 00:23:35,840  
用的是人参  
  
608  
00:23:35,960 --> 00:23:37,860  
大家注意到这个问题，没有啊  
  
609  
00:23:37,860 --> 00:23:41,900  
在这我更正一个学术界很多人的一个误区啊  
  
610  
00:23:41,900 --> 00:23:43,020  
一个一个问题  
  
611  
00:23:43,500 --> 00:23:43,700  
呃  
  
612  
00:23:43,780 --> 00:23:47,170  
我不知道大家注意到没有理中汤啊  
  
613  
00:23:47,970 --> 00:23:51,290  
这个汤的芳名，在伤寒论原文之中  
  
614  
00:23:51,290 --> 00:23:52,850  
实际上是没出现过的  
  
615  
00:23:53,720 --> 00:23:54,960  
那里头出现的是理中丸  
  
616  
00:23:55,360 --> 00:23:56,600  
有没有汤这个名呢  
  
617  
00:23:56,600 --> 00:23:58,040  
有叫什么汤  
  
618  
00:23:58,320 --> 00:23:59,080  
叫人参汤  
  
619  
00:23:59,880 --> 00:24:00,720  
所以在这儿呢  
  
620  
00:24:01,550 --> 00:24:02,750  
我提了一个问题啊  
  
621  
00:24:02,750 --> 00:24:06,150  
但后来我又发现也有一家跟我观点一致啊  
  
622  
00:24:06,630 --> 00:24:07,950  
呃，是想的是一样的  
  
623  
00:24:08,870 --> 00:24:13,560  
那么这个所谓的理中汤，太阴之主药  
  
624  
00:24:14,490 --> 00:24:16,690  
曾经一度有很多人认为是白猪  
  
625  
00:24:17,530 --> 00:24:20,170  
我认为不是我认为，我一直认为啊  
  
626  
00:24:20,450 --> 00:24:22,850  
坚定的认为太阴之主要是谁，是人参  
  
627  
00:24:24,370 --> 00:24:26,490  
为什么你细想想人参味甘啊  
  
628  
00:24:27,170 --> 00:24:28,050  
当然说到这呢  
  
629  
00:24:28,050 --> 00:24:28,970  
我要解释一个问题  
  
630  
00:24:28,970 --> 00:24:30,610  
很多人说说那人参不是苦吗  
  
631  
00:24:30,930 --> 00:24:31,170  
啊  
  
632  
00:24:31,170 --> 00:24:32,850  
你吃那个是要叫元参  
  
633  
00:24:33,400 --> 00:24:35,800  
叫大棚里头农药和膨大剂扣出来的  
  
634  
00:24:36,080 --> 00:24:39,060  
我说那个是真正的人参，是自然状态之下  
  
635  
00:24:39,060 --> 00:24:40,620  
在或者说我们叫临夏  
  
636  
00:24:40,740 --> 00:24:41,900  
临夏山参是吧  
  
637  
00:24:42,180 --> 00:24:43,940  
那个15年以上它一定是甜的  
  
638  
00:24:44,180 --> 00:24:48,530  
30年能齁死你，甜的像砂糖一样啊啊  
  
639  
00:24:48,530 --> 00:24:49,530  
那我说这个齁吧  
  
640  
00:24:49,530 --> 00:24:50,730  
南方同学听不懂啊  
  
641  
00:24:50,810 --> 00:24:52,290  
包括我们福建同学听不懂  
  
642  
00:24:52,600 --> 00:24:54,360  
呃，齁就是特别甜的意思  
  
643  
00:24:54,800 --> 00:24:57,360  
没说你就明白了啊，这个意思啊  
  
644  
00:24:58,350 --> 00:24:59,070  
诶不对啊  
  
645  
00:24:59,070 --> 00:25:01,710  
特别咸也能齁，它是啥意思呢  
  
646  
00:25:01,710 --> 00:25:04,030  
反正就是味道味至极啊哈  
  
647  
00:25:04,390 --> 00:25:05,070  
名曰齁  
  
648  
00:25:05,230 --> 00:25:07,070  
这你明白了我也得注释一下啊  
  
649  
00:25:07,550 --> 00:25:09,230  
哎，未至及名曰侯啊  
  
650  
00:25:10,740 --> 00:25:13,380  
那么这是这是满语，应该是吧  
  
651  
00:25:13,620 --> 00:25:14,500  
应该是满语  
  
652  
00:25:15,190 --> 00:25:17,910  
那么这个人参它甜味之后它能入脾  
  
653  
00:25:17,910 --> 00:25:19,350  
而且这个我是有证据的啊  
  
654  
00:25:19,350 --> 00:25:20,950  
首先一个是人参汤的概念  
  
655  
00:25:21,230 --> 00:25:22,390  
第二一个你看啊  
  
656  
00:25:22,750 --> 00:25:23,870  
如果这个人啊  
  
657  
00:25:24,170 --> 00:25:27,770  
这个我们讲叫叫背背恶寒是吧  
  
658  
00:25:28,290 --> 00:25:31,900  
那个所谓的附子汤他要去掉  
  
659  
00:25:31,900 --> 00:25:33,140  
生姜加水呢加人参  
  
660  
00:25:33,700 --> 00:25:37,140  
那么说明贝啊，是奇书  
  
661  
00:25:38,100 --> 00:25:40,660  
为什么为脾之属啊  
  
662  
00:25:40,660 --> 00:25:42,500  
咱们这个在内经里头非常明确  
  
663  
00:25:42,860 --> 00:25:44,260  
包括伯虎  
  
664  
00:25:44,500 --> 00:25:45,920  
他，它能去热  
  
665  
00:25:46,160 --> 00:25:47,480  
但是如果口渴用谁呢  
  
666  
00:25:47,720 --> 00:25:49,280  
伯虎加人参汤人参  
  
667  
00:25:49,600 --> 00:25:51,880  
那我们讲一个叫白虎汤，是降阳明  
  
668  
00:25:52,330 --> 00:25:54,730  
那么加人参是开太阴  
  
669  
00:25:54,730 --> 00:25:56,210  
是不是这个大家都熟底了  
  
670  
00:25:56,610 --> 00:25:57,370  
所以在这呢  
  
671  
00:25:57,770 --> 00:26:02,050  
他直指太阴的那个一个恢复的时候，就是人参  
  
672  
00:26:02,330 --> 00:26:04,970  
所以在临床上有有很多时候我跟我学生们讲  
  
673  
00:26:05,940 --> 00:26:07,020  
当我要喝方的时候  
  
674  
00:26:07,020 --> 00:26:07,140  
哎  
  
675  
00:26:07,140 --> 00:26:11,420  
我看到他，比如说在太阳之中稍稍有点太阴的感觉  
  
676  
00:26:12,600 --> 00:26:13,800  
加一味人参就完了嘛  
  
677  
00:26:13,800 --> 00:26:15,560  
如果你想加一味药，一定是人参  
  
678  
00:26:16,200 --> 00:26:17,320  
你去翻翻辅行诀  
  
679  
00:26:18,000 --> 00:26:21,710  
辅行诀里头那个参李中堂哎，看着了吧  
  
680  
00:26:22,150 --> 00:26:24,670  
人参甘草干姜是几232  
  
681  
00:26:26,190 --> 00:26:26,710  
白猪呢  
  
682  
00:26:26,910 --> 00:26:30,510  
一两他真的是让你用三两人参用一两白猪吗  
  
683  
00:26:31,330 --> 00:26:33,970  
不是，你要那样你就曲解大昌先生了  
  
684  
00:26:34,890 --> 00:26:35,810  
曲解古人了  
  
685  
00:26:36,350 --> 00:26:37,790  
他不是那样  
  
686  
00:26:37,830 --> 00:26:39,270  
他不是说非得让你那么用  
  
687  
00:26:39,430 --> 00:26:41,110  
他是想告诉你谁是老大  
  
688  
00:26:42,450 --> 00:26:43,250  
谁是次要的  
  
689  
00:26:43,970 --> 00:26:45,450  
这是真真正想干的事  
  
690  
00:26:45,770 --> 00:26:47,010  
呃，有很多人啊  
  
691  
00:26:47,010 --> 00:26:49,490  
包括我本人曾经一度啊  
  
692  
00:26:49,730 --> 00:26:50,850  
这个非常信奉  
  
693  
00:26:50,850 --> 00:26:52,250  
一个东西，就是原方原谅  
  
694  
00:26:53,250 --> 00:26:54,930  
不加不减行  
  
695  
00:26:56,920 --> 00:26:57,200  
行  
  
696  
00:26:57,720 --> 00:27:00,280  
但是我现在遇到了更好的  
  
697  
00:27:01,360 --> 00:27:03,720  
在规则之下可以加减  
  
698  
00:27:04,870 --> 00:27:05,670  
就这个原因  
  
699  
00:27:05,960 --> 00:27:07,200  
但是得在规则之下  
  
700  
00:27:07,200 --> 00:27:11,560  
而不是在我认为或者我我我我观察，或者从症状  
  
701  
00:27:11,920 --> 00:27:12,800  
症状不是规则  
  
702  
00:27:12,800 --> 00:27:13,800  
症状是表象啊  
  
703  
00:27:14,100 --> 00:27:15,500  
我说的是里头啊  
  
704  
00:27:15,500 --> 00:27:20,250  
里头这一层，甚至是我以前不理解啊  
  
705  
00:27:20,250 --> 00:27:21,210  
我现在明白了  
  
706  
00:27:21,770 --> 00:27:24,210  
你看叶天士先生，他用伤寒方  
  
707  
00:27:25,290 --> 00:27:26,970  
说它高高到什么程度  
  
708  
00:27:27,290 --> 00:27:29,410  
他可以不用一味伤寒的药  
  
709  
00:27:30,260 --> 00:27:31,700  
但他用的就是伤寒方  
  
710  
00:27:31,980 --> 00:27:33,500  
你拿着小柴胡汤开出去  
  
711  
00:27:33,500 --> 00:27:35,260  
你用的还真不一定是伤寒方  
  
712  
00:27:35,940 --> 00:27:37,220  
我就这么说啊  
  
713  
00:27:37,890 --> 00:27:39,650  
这话点到为止  
  
714  
00:27:40,050 --> 00:27:41,570  
你要听明白就听明白了  
  
715  
00:27:41,930 --> 00:27:44,250  
真的，人家里头没有一味伤寒的药  
  
716  
00:27:44,650 --> 00:27:46,010  
人家用的就是伤寒方  
  
717  
00:27:47,750 --> 00:27:51,470  
咱们那个方你看规规矩矩就一张小青龙  
  
718  
00:27:51,750 --> 00:27:53,590  
你用的真不见得是伤寒方  
  
719  
00:27:54,950 --> 00:27:56,990  
仲景先师都不能承认啊  
  
720  
00:27:57,390 --> 00:27:58,910  
这一说可能又泼冷水  
  
721  
00:27:59,440 --> 00:28:00,640  
但是我说的是什么  
  
722  
00:28:00,680 --> 00:28:03,040  
我们要明白他后头那层东西，对吧  
  
723  
00:28:03,400 --> 00:28:05,240  
哎你，你明白他后头那层东西  
  
724  
00:28:06,550 --> 00:28:09,590  
就是我说真东西，真玩意  
  
725  
00:28:09,590 --> 00:28:11,790  
儿和工艺品的区别是不是  
  
726  
00:28:11,960 --> 00:28:14,640  
那你不能光是追求像的层面长得像  
  
727  
00:28:14,880 --> 00:28:18,120  
那不又落到我上节课说的我那个学生的那  
  
728  
00:28:18,120 --> 00:28:19,480  
那那那个问题了吗  
  
729  
00:28:19,480 --> 00:28:19,840  
是不是  
  
730  
00:28:20,240 --> 00:28:20,520  
对  
  
731  
00:28:23,240 --> 00:28:23,520  
呃  
  
732  
00:28:24,500 --> 00:28:29,300  
那么后头有一个木房戟加茯苓芒硝汤  
  
733  
00:28:29,420 --> 00:28:30,100  
这里头呢  
  
734  
00:28:30,100 --> 00:28:31,180  
首先要有一个事啊  
  
735  
00:28:31,620 --> 00:28:33,380  
他要把石膏去了  
  
736  
00:28:34,950 --> 00:28:36,110  
去了之后加两个药  
  
737  
00:28:36,310 --> 00:28:37,470  
一个茯苓，一个芒硝  
  
738  
00:28:37,750 --> 00:28:38,550  
关于这个呢  
  
739  
00:28:38,590 --> 00:28:40,510  
元代赵翼德先生，他有一个论述  
  
740  
00:28:40,710 --> 00:28:43,850  
他认为在气氛偏多而且比较虚的  
  
741  
00:28:44,330 --> 00:28:46,200  
这个要用木方鸡汤  
  
742  
00:28:46,480 --> 00:28:49,730  
但是如果在血分偏多而偏食，这种呢  
  
743  
00:28:50,050 --> 00:28:51,250  
就是用后者啊  
  
744  
00:28:51,250 --> 00:28:52,050  
他一定要复发  
  
745  
00:28:52,530 --> 00:28:54,490  
但这个呢在这我解释一个事啊  
  
746  
00:28:54,490 --> 00:28:55,330  
为什么要复发  
  
747  
00:28:55,330 --> 00:28:58,770  
而且他说了一个事，叫食者3日复发  
  
748  
00:28:58,850 --> 00:28:59,450  
其实啊  
  
749  
00:28:59,850 --> 00:29:03,810  
你细琢磨伤寒论里说几日几日他都不是瞎说的  
  
750  
00:29:04,260 --> 00:29:05,860  
那么3日复发什么  
  
751  
00:29:05,860 --> 00:29:08,780  
我早就其实那个以前还说的比较隐晦  
  
752  
00:29:09,100 --> 00:29:10,900  
现在跟同学们说的比较多一点  
  
753  
00:29:11,180 --> 00:29:13,380  
天三生木地八成之对吧  
  
754  
00:29:13,580 --> 00:29:15,740  
那么3日三是一个什么数啊  
  
755  
00:29:16,460 --> 00:29:17,780  
你细看它是一个目数  
  
756  
00:29:18,060 --> 00:29:20,260  
那么为啥逢木数复发呢  
  
757  
00:29:22,320 --> 00:29:23,400  
因为土败了吗  
  
758  
00:29:23,760 --> 00:29:25,320  
是不是我们刚才早就说了  
  
759  
00:29:25,560 --> 00:29:28,200  
所以我们说胡汉三能不能回来  
  
760  
00:29:28,780 --> 00:29:33,860  
胡汉三能回来一定是八路军走的时候是不是这个道理  
  
761  
00:29:34,260 --> 00:29:34,460  
哎  
  
762  
00:29:34,740 --> 00:29:37,960  
那么这个脾能不能再虚  
  
763  
00:29:38,710 --> 00:29:43,270  
脾能在虚一定是木来了的时候不就这么简单吗  
  
764  
00:29:43,470 --> 00:29:48,640  
而且我们说水生土败木为谁  
  
765  
00:29:48,920 --> 00:29:50,000  
木为水之子  
  
766  
00:29:51,080 --> 00:29:52,520  
一般是子来救母  
  
767  
00:29:53,150 --> 00:29:55,230  
你细琢磨人间也是这个道理  
  
768  
00:29:56,150 --> 00:29:59,310  
一般回头给他来报仇的都是他孩子  
  
769  
00:30:00,790 --> 00:30:03,430  
你细想想是不是这个道理很有意思啊  
  
770  
00:30:03,710 --> 00:30:04,510  
很有意思啊  
  
771  
00:30:05,030 --> 00:30:06,490  
所以这个里头，呃  
  
772  
00:30:06,570 --> 00:30:07,890  
在这就不多说了  
  
773  
00:30:07,890 --> 00:30:08,450  
说远了  
  
774  
00:30:08,730 --> 00:30:12,410  
那么总之在这我说的不是吉日，而是什么  
  
775  
00:30:12,690 --> 00:30:16,170  
你要注意一下，防止木器的  
  
776  
00:30:17,800 --> 00:30:20,680  
胜负木期的来福啊  
  
777  
00:30:21,560 --> 00:30:23,560  
明白这个道理，防止木期的来复  
  
778  
00:30:24,000 --> 00:30:25,080  
那么怎么办  
  
779  
00:30:25,480 --> 00:30:26,080  
加零  
  
780  
00:30:27,670 --> 00:30:29,270  
立水，然后呢  
  
781  
00:30:29,310 --> 00:30:32,990  
以芒硝通泄，肝通阳明嘛  
  
782  
00:30:33,110 --> 00:30:33,990  
讲这个道理啊  
  
783  
00:30:34,030 --> 00:30:34,750  
肝通阳明  
  
784  
00:30:35,770 --> 00:30:36,890  
呃，复发的用这个  
  
785  
00:30:36,970 --> 00:30:39,130  
当然你可以简单用在临床上  
  
786  
00:30:39,130 --> 00:30:39,770  
我要用吧  
  
787  
00:30:39,770 --> 00:30:42,050  
我用极其简单就看脉就完了  
  
788  
00:30:42,370 --> 00:30:44,650  
如果这个人打比方右关脉偏大  
  
789  
00:30:44,650 --> 00:30:46,850  
那你就石膏是不是啊  
  
790  
00:30:47,410 --> 00:30:51,900  
如果是辰时之象，那你就茯苓芒硝非常简单  
  
791  
00:30:51,900 --> 00:30:53,220  
你也不用看几日几日  
  
792  
00:30:53,660 --> 00:30:56,580  
那你辰时之象你用了石膏它也会复发呀  
  
793  
00:30:57,120 --> 00:30:58,160  
就说这个道理啊  
  
794  
00:30:58,160 --> 00:31:00,960  
那你不如直接那么一刀切进去啊  
  
795  
00:31:01,760 --> 00:31:03,280  
这是我个人的理解  
  
796  
00:31:04,790 --> 00:31:06,830  
那么这一系列的方式拿它治什么  
  
797  
00:31:06,830 --> 00:31:10,350  
临床上其实咱们讲叫你就抓住这四个字  
  
798  
00:31:10,950 --> 00:31:11,950  
土败水生  
  
799  
00:31:12,670 --> 00:31:14,030  
这就没啥好事啊  
  
800  
00:31:14,430 --> 00:31:15,670  
那么最常见的呢  
  
801  
00:31:15,710 --> 00:31:17,670  
最常见的我是说啊，高血压  
  
802  
00:31:18,860 --> 00:31:20,140  
那么很多时候血压高  
  
803  
00:31:20,580 --> 00:31:23,180  
我们过去的时候讲认为都是肝风内动  
  
804  
00:31:23,260 --> 00:31:24,420  
那个时候确实有啊  
  
805  
00:31:24,460 --> 00:31:26,980  
很多镇肝息风之类的方啊  
  
806  
00:31:27,390 --> 00:31:28,990  
那么用效果很好啊  
  
807  
00:31:29,310 --> 00:31:30,750  
但是后来发现不行了  
  
808  
00:31:31,310 --> 00:31:32,790  
很多时候这么用不行了  
  
809  
00:31:33,270 --> 00:31:34,110  
原因有两个  
  
810  
00:31:34,150 --> 00:31:35,510  
第一是你用量不行  
  
811  
00:31:35,910 --> 00:31:40,370  
我看了很多，呃老先生们的这个用方啊  
  
812  
00:31:40,610 --> 00:31:42,890  
你比如说我们长春的这个过去  
  
813  
00:31:43,210 --> 00:31:45,590  
王伤寒，王海斌先生是吧  
  
814  
00:31:45,870 --> 00:31:46,070  
唉  
  
815  
00:31:46,070 --> 00:31:48,230  
王海滨先生他的用法啊  
  
816  
00:31:48,990 --> 00:31:49,270  
呃  
  
817  
00:31:50,020 --> 00:31:53,500  
包括陈玉峰先生，他们也用那个龙母啊  
  
818  
00:31:54,580 --> 00:31:56,380  
这个石决明啊  
  
819  
00:31:56,580 --> 00:31:57,780  
就用这些东西重镇  
  
820  
00:31:58,100 --> 00:32:00,020  
但人家一用抬手就是50  
  
821  
00:32:00,740 --> 00:32:01,820  
我说的是50起  
  
822  
00:32:01,900 --> 00:32:04,900  
同学们，人家可不是用到50就到头了  
  
823  
00:32:05,930 --> 00:32:07,250  
七八十、90也是他  
  
824  
00:32:07,730 --> 00:32:08,650  
咱们讲这个道理  
  
825  
00:32:09,050 --> 00:32:10,290  
那么这么往上一用  
  
826  
00:32:10,650 --> 00:32:12,650  
那真叫震甘西风啊  
  
827  
00:32:13,290 --> 00:32:15,730  
那你有时候临床上那30克，那够干啥的呀  
  
828  
00:32:15,730 --> 00:32:16,650  
咱们讲那个道理  
  
829  
00:32:16,810 --> 00:32:18,690  
尤其你现在吃那牡  
  
830  
00:32:18,690 --> 00:32:20,860  
蛎，那都是饲料长大的  
  
831  
00:32:20,860 --> 00:32:21,460  
咱们说啊  
  
832  
00:32:21,740 --> 00:32:24,100  
人家过去那牡蛎都是野生的，是不是  
  
833  
00:32:24,580 --> 00:32:26,580  
哎，你那饲料长大还算好的  
  
834  
00:32:27,270 --> 00:32:32,630  
你别是那个什么什么就是哪哪哪个对吧  
  
835  
00:32:32,870 --> 00:32:36,180  
嗯嗯，那火锅什么海鲜城出来的  
  
836  
00:32:36,180 --> 00:32:39,900  
就退役的那种，你你就不错了  
  
837  
00:32:40,260 --> 00:32:41,540  
所以说这个道理啊  
  
838  
00:32:42,650 --> 00:32:43,250  
用量得大  
  
839  
00:32:43,610 --> 00:32:47,700  
但是在这种情况下我们说不行不行，你就得想了  
  
840  
00:32:47,700 --> 00:32:48,540  
反其道而行之  
  
841  
00:32:48,780 --> 00:32:52,460  
又寒又热，是不是我们之前讲寒化痰浊上扰那种  
  
842  
00:32:52,700 --> 00:32:53,980  
比如无助鱼类是吧  
  
843  
00:32:54,140 --> 00:32:56,410  
很好的一张那个降压的方子  
  
844  
00:32:56,690 --> 00:32:59,250  
那么包括有没有那种肝肾虚的啊  
  
845  
00:32:59,450 --> 00:33:00,890  
你需不需要从肝肾调  
  
846  
00:33:01,440 --> 00:33:01,640  
呃  
  
847  
00:33:01,640 --> 00:33:04,000  
包括这种土虚水上来了  
  
848  
00:33:04,200 --> 00:33:07,000  
那这个时候你用多大的重镇也不行啊  
  
849  
00:33:07,160 --> 00:33:09,120  
你就得把水泄下去，木方几趟  
  
850  
00:33:09,350 --> 00:33:10,430  
那么这样的人啥特点  
  
851  
00:33:10,470 --> 00:33:13,150  
黑脸一看，脸黑面色如烟熏  
  
852  
00:33:13,150 --> 00:33:15,810  
这样的人我临床上就有啊，呃  
  
853  
00:33:15,850 --> 00:33:17,010  
包括我有一朋友诶  
  
854  
00:33:17,410 --> 00:33:18,250  
一来找我，哎  
  
855  
00:33:18,250 --> 00:33:18,970  
魔方鸡汤诶  
  
856  
00:33:18,970 --> 00:33:20,330  
一看效果特别好啊  
  
857  
00:33:20,720 --> 00:33:22,280  
呃，后来他自己都掌握了  
  
858  
00:33:22,640 --> 00:33:24,160  
一看我忙，他都不找我了  
  
859  
00:33:24,520 --> 00:33:26,640  
一难受自己在家把方子就吃上了  
  
860  
00:33:26,680 --> 00:33:27,720  
跟我那天打电话  
  
861  
00:33:27,880 --> 00:33:29,320  
哎，说效果特别好啊  
  
862  
00:33:29,710 --> 00:33:31,710  
就就就就是这这这么一个问题  
  
863  
00:33:31,710 --> 00:33:33,030  
但是具体还得看啊  
  
864  
00:33:33,030 --> 00:33:35,550  
实际上，那么这是一个一个用法  
  
865  
00:33:35,950 --> 00:33:38,390  
那包括我们说这个方的圆方  
  
866  
00:33:38,430 --> 00:33:40,030  
其实它治的是隔间之隐  
  
867  
00:33:40,110 --> 00:33:43,110  
你不要忘了它治的是什么，是船满  
  
868  
00:33:43,510 --> 00:33:46,750  
那么在临床上有一类哮喘就不好整  
  
869  
00:33:48,020 --> 00:33:48,900  
哪一类哮喘呢  
  
870  
00:33:48,900 --> 00:33:49,820  
就是脸黑这类  
  
871  
00:33:50,380 --> 00:33:50,940  
为什么  
  
872  
00:33:51,890 --> 00:33:53,250  
你想想寒气这么大  
  
873  
00:33:53,250 --> 00:33:54,010  
水气这么盛  
  
874  
00:33:54,570 --> 00:33:56,330  
你再往里头输液能行吗  
  
875  
00:33:56,810 --> 00:33:59,370  
用常规现代医学的方法就不行  
  
876  
00:33:59,610 --> 00:34:03,540  
是不是，你说咱现在得的是啥病  
  
877  
00:34:04,220 --> 00:34:05,300  
是不是痰饮病  
  
878  
00:34:06,140 --> 00:34:07,820  
那你往里输200cc  
  
879  
00:34:07,820 --> 00:34:11,659  
要你输的是药还是输了200cc弹隐  
  
880  
00:34:12,770 --> 00:34:15,449  
是不是容易越治越出问题  
  
881  
00:34:15,690 --> 00:34:19,010  
所以我们是不是现代临床就会出现一个瓶颈，就叫叫什么  
  
882  
00:34:19,010 --> 00:34:22,780  
就这个病的百分比就叫他的治愈率  
  
883  
00:34:23,060 --> 00:34:25,820  
为什么它会出现一个不好治的一个治愈率  
  
884  
00:34:26,060 --> 00:34:28,260  
包括有一种病，他说有的病难治  
  
885  
00:34:28,929 --> 00:34:31,810  
那是不是因为我们的治疗方法跟他的病  
  
886  
00:34:31,810 --> 00:34:32,969  
并及现在是对不上  
  
887  
00:34:33,130 --> 00:34:34,449  
甚至有的时候是反的  
  
888  
00:34:35,000 --> 00:34:36,520  
比如这个我就讲啊  
  
889  
00:34:36,520 --> 00:34:37,920  
单纯就是木防己汤症  
  
890  
00:34:38,520 --> 00:34:41,040  
你要去输液绝对会加重  
  
891  
00:34:42,510 --> 00:34:44,310  
那么哮喘之症大家注意  
  
892  
00:34:44,830 --> 00:34:47,199  
有的时候你不要怕说这个啊  
  
893  
00:34:47,199 --> 00:34:49,159  
说说大夫说我这患者啊  
  
894  
00:34:49,159 --> 00:34:51,800  
在那个协和在301，或者在在我  
  
895  
00:34:51,800 --> 00:34:52,480  
我包括我的患者  
  
896  
00:34:52,480 --> 00:34:53,679  
还有从国外来的，对吧  
  
897  
00:34:54,000 --> 00:34:56,320  
那个从美国或者从哪治完了不行  
  
898  
00:34:56,719 --> 00:34:57,320  
来了之后  
  
899  
00:34:58,280 --> 00:35:01,560  
说说说大夫能不能给我治治你这个时候你不要害怕  
  
900  
00:35:03,600 --> 00:35:08,040  
越是高等的现代医学院校，他可能没治好啊  
  
901  
00:35:08,520 --> 00:35:10,280  
反而你越容易露脸  
  
902  
00:35:10,360 --> 00:35:12,450  
为什么不是你本事大  
  
903  
00:35:12,450 --> 00:35:13,410  
是因为你捡漏了  
  
904  
00:35:13,690 --> 00:35:15,690  
因为哪种医学它都有它的盲区  
  
905  
00:35:15,890 --> 00:35:16,970  
包括我们中医也有  
  
906  
00:35:17,140 --> 00:35:18,540  
我们不能瞧不起西医啊  
  
907  
00:35:18,540 --> 00:35:19,620  
我说的不是那个概念  
  
908  
00:35:19,820 --> 00:35:20,980  
你要明白我的意思  
  
909  
00:35:21,260 --> 00:35:23,340  
我们都有各自的盲区，对不对啊  
  
910  
00:35:23,650 --> 00:35:25,250  
那正好你踩他盲区上了  
  
911  
00:35:26,210 --> 00:35:28,210  
然后患者呀，锦旗一送  
  
912  
00:35:28,650 --> 00:35:31,410  
再说两句好话，一飘你你千万别飘  
  
913  
00:35:31,850 --> 00:35:34,570  
不是咱本事大，是因为咱咋的了  
  
914  
00:35:35,010 --> 00:35:36,210  
撞大运捡漏了  
  
915  
00:35:36,700 --> 00:35:39,540  
因为现代医学正好对这块他没有认识是不是啊  
  
916  
00:35:40,020 --> 00:35:40,260  
哎  
  
917  
00:35:40,260 --> 00:35:42,060  
一乃人术，你还是得把心沉下来  
  
918  
00:35:42,340 --> 00:35:43,700  
那么你要这时候你一飘  
  
919  
00:35:44,230 --> 00:35:45,710  
那你就是被那刷下去的  
  
920  
00:35:45,710 --> 00:35:46,190  
你知道吗  
  
921  
00:35:46,550 --> 00:35:47,910  
那肯定祖师爷后头  
  
922  
00:35:47,910 --> 00:35:49,190  
好东西他给不了你  
  
923  
00:35:49,390 --> 00:35:50,670  
这时候你得沉下去啊  
  
924  
00:35:50,950 --> 00:35:52,670  
你就就我常说的那句话  
  
925  
00:35:52,670 --> 00:35:56,000  
你用经方用了一辈子，用了多好使  
  
926  
00:35:56,000 --> 00:35:58,600  
那你不知道为啥，是不是那多可悲啊  
  
927  
00:35:58,600 --> 00:35:59,480  
其实你想想  
  
928  
00:36:01,220 --> 00:36:03,930  
那么这个呃，还有一类啊  
  
929  
00:36:03,930 --> 00:36:05,250  
你比如说那个尿毒症  
  
930  
00:36:05,970 --> 00:36:09,170  
尿毒症，那可以理解为土败水生吧  
  
931  
00:36:09,910 --> 00:36:11,470  
尿毒症有脸黑的吧  
  
932  
00:36:12,190 --> 00:36:14,390  
是不是这道理有传满的吧  
  
933  
00:36:15,550 --> 00:36:18,870  
你按条文，你对有心下痞肩的没有  
  
934  
00:36:19,570 --> 00:36:20,810  
有没有卖陈锦的  
  
935  
00:36:21,370 --> 00:36:23,850  
那有的，那不就是一看就是木方鸡汤症吗  
  
936  
00:36:23,930 --> 00:36:26,010  
那古人得尿毒症古人就挺着吗  
  
937  
00:36:26,910 --> 00:36:27,430  
不是吧  
  
938  
00:36:28,230 --> 00:36:30,230  
哎，而且古人都不知道啥叫尿毒症  
  
939  
00:36:30,670 --> 00:36:33,070  
那古人不知道啥叫尿毒症，古人就不得了吗  
  
940  
00:36:33,760 --> 00:36:34,880  
不是吧，哎  
  
941  
00:36:34,880 --> 00:36:36,480  
所以从这个角度，呃  
  
942  
00:36:36,840 --> 00:36:38,240  
中医透析你  
  
943  
00:36:38,240 --> 00:36:41,600  
你想想那包括有很多尿毒症患者小便不利  
  
944  
00:36:42,670 --> 00:36:43,950  
呃，不是不是就没有小便啊  
  
945  
00:36:43,950 --> 00:36:45,470  
咱就说不是小便不利的事  
  
946  
00:36:45,510 --> 00:36:46,590  
那也算小便不利吧  
  
947  
00:36:47,430 --> 00:36:52,180  
那很多时候你想想他的身体内的这些浊气  
  
948  
00:36:53,020 --> 00:36:56,740  
这些渣子，它需要排空秽浊之物  
  
949  
00:36:56,740 --> 00:36:57,820  
我们讲清和浊嘛  
  
950  
00:36:58,660 --> 00:37:00,060  
那你是不是可以从大便走  
  
951  
00:37:00,950 --> 00:37:01,190  
嗯  
  
952  
00:37:01,670 --> 00:37:02,510  
是不是可以用芒硝  
  
953  
00:37:03,510 --> 00:37:04,390  
是不是可以用茯苓  
  
954  
00:37:06,400 --> 00:37:08,520  
你有用就是了啊  
  
955  
00:37:08,960 --> 00:37:09,840  
但得看卖啊  
  
956  
00:37:09,880 --> 00:37:12,200  
得看卖，呃得有那种识相  
  
957  
00:37:12,480 --> 00:37:14,000  
你别这人已经虚的不得了了  
  
958  
00:37:14,080 --> 00:37:14,520  
你说，哎  
  
959  
00:37:14,520 --> 00:37:17,880  
我听课老师说好像这个正好咣当一剂药  
  
960  
00:37:18,000 --> 00:37:19,600  
你最后人心脏衰竭了  
  
961  
00:37:19,600 --> 00:37:20,960  
那那那那不完了嘛，是吧  
  
962  
00:37:21,160 --> 00:37:22,200  
得看脉啊  
  
963  
00:37:22,200 --> 00:37:23,040  
一定得看脉  
  
964  
00:37:26,080 --> 00:37:29,520  
后头啊，那么还有这么三张方  
  
965  
00:37:29,680 --> 00:37:31,120  
但这三张方比较简单啊  
  
966  
00:37:31,120 --> 00:37:32,160  
一带而过就行了  
  
967  
00:37:33,280 --> 00:37:34,000  
那么第一个  
  
968  
00:37:35,760 --> 00:37:39,240  
泽泻汤，泽泻汤这个方法我用的太多了啊  
  
969  
00:37:39,560 --> 00:37:40,360  
用的太多了  
  
970  
00:37:40,960 --> 00:37:41,640  
呃，为啥  
  
971  
00:37:41,640 --> 00:37:43,480  
因为特别简单好用  
  
972  
00:37:44,060 --> 00:37:44,900  
他治啥呢  
  
973  
00:37:45,540 --> 00:37:48,780  
就是这个条文上说的，心下有知隐  
  
974  
00:37:48,900 --> 00:37:50,660  
那么这个心下指引还是我说的那句话  
  
975  
00:37:50,660 --> 00:37:51,500  
古人没有透视眼  
  
976  
00:37:51,740 --> 00:37:52,820  
他看不见，心下有指引  
  
977  
00:37:52,980 --> 00:37:54,900  
但他能看见一个事，啥事呢  
  
978  
00:37:55,500 --> 00:37:58,490  
其人苦什么冒旋啥意思  
  
979  
00:37:58,770 --> 00:38:00,850  
站起来就晕，晕的不得了  
  
980  
00:38:00,850 --> 00:38:01,610  
站不起来，对吧  
  
981  
00:38:01,610 --> 00:38:02,050  
倒下了  
  
982  
00:38:02,290 --> 00:38:06,730  
那么西医最后发现这类人有一个共性啊  
  
983  
00:38:06,770 --> 00:38:07,690  
最后发现了啊  
  
984  
00:38:07,690 --> 00:38:09,730  
那这个给起个名叫内耳眩晕症吧  
  
985  
00:38:10,370 --> 00:38:11,130  
是不是这个道理  
  
986  
00:38:11,450 --> 00:38:12,170  
那么在这儿呢  
  
987  
00:38:12,170 --> 00:38:16,360  
我多次的有一个非常鲜明的学术特点给大家亮出来啊  
  
988  
00:38:16,360 --> 00:38:18,640  
我多次的鲜明的站出来说一个问题  
  
989  
00:38:18,930 --> 00:38:23,690  
你不要把西医发现的现代临床层面的现象  
  
990  
00:38:24,510 --> 00:38:25,950  
当成这个中医汤证  
  
991  
00:38:25,950 --> 00:38:28,110  
真正的原因有很多人  
  
992  
00:38:28,230 --> 00:38:31,030  
我说实话，你认为你的中医学的很好  
  
993  
00:38:31,230 --> 00:38:35,250  
但是你在现代医学面前从骨子里不堪一击  
  
994  
00:38:35,570 --> 00:38:36,410  
我指的是什么  
  
995  
00:38:36,850 --> 00:38:38,960  
当你就是你认为你很中医  
  
996  
00:38:38,960 --> 00:38:40,280  
你认为你中医也都会了啊  
  
997  
00:38:40,280 --> 00:38:41,960  
我知道这人肾阳虚或者怎么样  
  
998  
00:38:42,240 --> 00:38:44,400  
或者是是哪条经我都懂了  
  
999  
00:38:44,670 --> 00:38:46,430  
但是突然之间西医发现啊  
  
1000  
00:38:46,790 --> 00:38:50,150  
这个病的核心原因是由于交感神经或者副交感神经  
  
1001  
00:38:50,310 --> 00:38:52,110  
或者传导通路出了啥问题  
  
1002  
00:38:53,020 --> 00:38:54,740  
你在内心里已经被击溃了  
  
1003  
00:38:55,420 --> 00:38:55,980  
你发现啊  
  
1004  
00:38:55,980 --> 00:38:57,780  
我们中医原来还是在现象层面  
  
1005  
00:38:58,100 --> 00:38:59,700  
原来他真正原因是交感神经  
  
1006  
00:39:00,420 --> 00:39:01,420  
那我再问你一句  
  
1007  
00:39:01,420 --> 00:39:02,820  
交感神经为啥这样了  
  
1008  
00:39:04,220 --> 00:39:05,660  
谁又是他的原因啊  
  
1009  
00:39:06,890 --> 00:39:12,370  
那么仲景先师做这个方子的时候是用交感神经做的吗  
  
1010  
00:39:14,960 --> 00:39:19,670  
仲景先师化材泽泻汤出来的时候考虑传导通路了吗  
  
1011  
00:39:20,510 --> 00:39:21,790  
那我说话特别直白啊  
  
1012  
00:39:21,790 --> 00:39:22,870  
有的时候可能得罪人  
  
1013  
00:39:23,270 --> 00:39:24,670  
但我是为了把你敲醒  
  
1014  
00:39:25,930 --> 00:39:27,330  
我没有否认西医  
  
1015  
00:39:27,570 --> 00:39:28,210  
但是我告诉你  
  
1016  
00:39:28,210 --> 00:39:30,650  
你学中医，你一定要穷理  
  
1017  
00:39:30,810 --> 00:39:31,810  
穷理再穷理  
  
1018  
00:39:32,100 --> 00:39:33,020  
把道理整明白  
  
1019  
00:39:33,020 --> 00:39:35,700  
真正明白道法自然的这个这个层面的东西  
  
1020  
00:39:35,900 --> 00:39:37,180  
不要停留在现象上  
  
1021  
00:39:37,940 --> 00:39:39,260  
肾阳虚也是现象  
  
1022  
00:39:40,230 --> 00:39:42,390  
哨音也是现象，对不对  
  
1023  
00:39:42,910 --> 00:39:43,070  
唉  
  
1024  
00:39:43,150 --> 00:39:44,310  
那么你  
  
1025  
00:39:44,510 --> 00:39:47,910  
你直到你能圆融自洽，能够用的时候  
  
1026  
00:39:47,910 --> 00:39:49,150  
你自己心里踏实的时候  
  
1027  
00:39:49,150 --> 00:39:50,550  
那时候你才知道什么是原因  
  
1028  
00:39:50,990 --> 00:39:51,950  
究竟的时候  
  
1029  
00:39:53,090 --> 00:39:54,330  
到了究竟的时候  
  
1030  
00:39:54,530 --> 00:39:54,730  
嗯  
  
1031  
00:39:56,250 --> 00:39:57,810  
那么这个就是一个道理  
  
1032  
00:39:58,810 --> 00:40:01,170  
古代医家很多人认为是画风是吧  
  
1033  
00:40:01,450 --> 00:40:04,250  
但是我个人啊，有一个感悟啊  
  
1034  
00:40:04,250 --> 00:40:05,490  
我又怕给大家教错了  
  
1035  
00:40:05,490 --> 00:40:07,330  
所以我又看了很多医家的注解  
  
1036  
00:40:07,570 --> 00:40:09,330  
居然有很多一家跟我说的差不多  
  
1037  
00:40:09,690 --> 00:40:10,810  
这个我在用的时候  
  
1038  
00:40:10,810 --> 00:40:13,450  
我认为我执着地认为它跟风没啥关系  
  
1039  
00:40:13,990 --> 00:40:15,390  
这个冒玄就是劈的事儿  
  
1040  
00:40:16,710 --> 00:40:18,070  
但是风会不会产生呢  
  
1041  
00:40:18,070 --> 00:40:19,610  
也会从谁来  
  
1042  
00:40:19,650 --> 00:40:20,730  
原始点在哪儿  
  
1043  
00:40:21,180 --> 00:40:22,500  
原始点在脾不在干  
  
1044  
00:40:22,860 --> 00:40:25,900  
是不是那脾虚到一定程度是不是风也能来啊  
  
1045  
00:40:26,100 --> 00:40:27,660  
但是原始点你一定要明白啊  
  
1046  
00:40:27,940 --> 00:40:29,900  
我们打蛇一定要打七寸  
  
1047  
00:40:30,440 --> 00:40:31,960  
我们治病一定要治胃病  
  
1048  
00:40:32,420 --> 00:40:36,780  
解决问题一定要解决它的原始的发生的那个，根本把它拿住  
  
1049  
00:40:37,020 --> 00:40:38,700  
集中全力把它搞搞定  
  
1050  
00:40:39,080 --> 00:40:40,600  
那个时候你就可以了啊  
  
1051  
00:40:40,600 --> 00:40:41,960  
我们就讲究能解决问题  
  
1052  
00:40:42,760 --> 00:40:43,040  
呃  
  
1053  
00:40:43,790 --> 00:40:46,190  
那么这个里头用了两味药  
  
1054  
00:40:46,230 --> 00:40:48,150  
一个泽泻一个谁呢  
  
1055  
00:40:48,590 --> 00:40:50,990  
一个白术泽泻五两，白术二两  
  
1056  
00:40:50,990 --> 00:40:51,670  
这个啊  
  
1057  
00:40:52,130 --> 00:40:53,610  
我看到之后我就笑了  
  
1058  
00:40:53,610 --> 00:40:54,570  
本来我不想讲  
  
1059  
00:40:55,090 --> 00:40:55,970  
但说一下吧  
  
1060  
00:40:56,250 --> 00:40:58,010  
其实在古典术数之中呢  
  
1061  
00:40:58,410 --> 00:41:00,160  
我们说五啊  
  
1062  
00:41:00,520 --> 00:41:01,880  
为中宫之术，对吧  
  
1063  
00:41:02,440 --> 00:41:03,720  
那么二呢  
  
1064  
00:41:03,800 --> 00:41:05,080  
为坤宫，坤二宫  
  
1065  
00:41:05,780 --> 00:41:07,500  
那么二和五啊  
  
1066  
00:41:08,050 --> 00:41:10,650  
他就是你，比如说在奇门盘上啊  
  
1067  
00:41:10,690 --> 00:41:13,770  
那么我们说中间那个他是不用的，对吧  
  
1068  
00:41:13,810 --> 00:41:16,490  
他记于二宫，所以就是二五同工  
  
1069  
00:41:17,130 --> 00:41:17,330  
呃  
  
1070  
00:41:17,490 --> 00:41:21,840  
所以在这个我们说在在风水之中  
  
1071  
00:41:21,840 --> 00:41:23,760  
有一个术语叫二黑五黄啊  
  
1072  
00:41:23,760 --> 00:41:26,560  
可能大家听说过有很多人说说二黑五黄不好  
  
1073  
00:41:27,200 --> 00:41:28,830  
呃，确实不好  
  
1074  
00:41:28,870 --> 00:41:30,470  
但是我还是说一个问题  
  
1075  
00:41:30,790 --> 00:41:33,470  
那么术数之中没有好和坏  
  
1076  
00:41:34,220 --> 00:41:37,260  
还是我刚才说的那个东西，没有善恶  
  
1077  
00:41:37,820 --> 00:41:38,460  
没有善恶  
  
1078  
00:41:38,460 --> 00:41:39,140  
没有好坏  
  
1079  
00:41:39,380 --> 00:41:41,660  
好和坏都是相对的  
  
1080  
00:41:42,270 --> 00:41:43,030  
都是相对的  
  
1081  
00:41:43,310 --> 00:41:44,550  
那么二五为啥不好  
  
1082  
00:41:44,590 --> 00:41:45,350  
因为土啊  
  
1083  
00:41:45,710 --> 00:41:47,910  
它都占于土位，占于坤土位  
  
1084  
00:41:48,260 --> 00:41:49,220  
土淤在那了  
  
1085  
00:41:49,500 --> 00:41:51,580  
那么我们说人他是有生机的呀  
  
1086  
00:41:51,740 --> 00:41:53,140  
你淤那不就堵那了吗  
  
1087  
00:41:53,180 --> 00:41:54,060  
是这个道理吧  
  
1088  
00:41:54,450 --> 00:41:54,650  
呃  
  
1089  
00:41:54,650 --> 00:41:57,850  
所以我们人为地赋予它的，认为它不好  
  
1090  
00:41:58,290 --> 00:41:58,490  
呃  
  
1091  
00:41:58,770 --> 00:42:01,320  
但是我还是回归到那句话，呃  
  
1092  
00:42:01,480 --> 00:42:03,080  
天道无亲，常与善人  
  
1093  
00:42:03,440 --> 00:42:06,080  
所有东西他没有他的好和坏  
  
1094  
00:42:06,080 --> 00:42:08,480  
好和坏都是人相对界定出来的啊  
  
1095  
00:42:08,840 --> 00:42:11,640  
那么所有东西，那么也都是一个  
  
1096  
00:42:12,160 --> 00:42:14,600  
我们说所有事情的我们讲  
  
1097  
00:42:14,600 --> 00:42:15,920  
我们经常有一个词叫因果  
  
1098  
00:42:15,920 --> 00:42:16,520  
因果嘛  
  
1099  
00:42:17,040 --> 00:42:18,280  
所有事情的果  
  
1100  
00:42:18,320 --> 00:42:22,200  
地果的层面都是它因蒂的一个自然的显现  
  
1101  
00:42:23,020 --> 00:42:24,380  
它是一个很唯物的东西  
  
1102  
00:42:24,980 --> 00:42:26,380  
一个道法自然的东西啊  
  
1103  
00:42:26,620 --> 00:42:28,220  
那么所以说五和二  
  
1104  
00:42:28,300 --> 00:42:30,180  
我看到这个比例的时候我就笑了  
  
1105  
00:42:30,830 --> 00:42:33,310  
还说仲景先师不讲术数吗  
  
1106  
00:42:33,760 --> 00:42:34,240  
绝不是  
  
1107  
00:42:34,600 --> 00:42:36,160  
你也可以夸大一点讲  
  
1108  
00:42:36,160 --> 00:42:39,080  
你说他用的是一个小小的一个道法  
  
1109  
00:42:39,200 --> 00:42:42,120  
为什么一个本于道的法，对吧  
  
1110  
00:42:42,500 --> 00:42:43,580  
不要把它迷信化  
  
1111  
00:42:43,660 --> 00:42:44,660  
我们不讲这些东西  
  
1112  
00:42:44,660 --> 00:42:45,500  
讲唯物的东西  
  
1113  
00:42:45,660 --> 00:42:49,630  
那么他用的东西指向就是指向谁to，就这么简单  
  
1114  
00:42:49,910 --> 00:42:51,870  
所以我给你讲伤寒和蒋金贵  
  
1115  
00:42:52,070 --> 00:42:53,510  
你不要听我说说老师  
  
1116  
00:42:53,510 --> 00:42:56,350  
你告诉我用多大量高矮胖瘦  
  
1117  
00:42:57,320 --> 00:42:58,760  
你你你就打篮球的  
  
1118  
00:42:58,800 --> 00:43:01,120  
和和和和这个小孩我都用一个量  
  
1119  
00:43:01,360 --> 00:43:07,860  
在我这没有那种对仲景先师剂量的这种无分辨  
  
1120  
00:43:08,260 --> 00:43:10,460  
无思考的接受和信  
  
1121  
00:43:10,620 --> 00:43:11,900  
我认为也是一种迷信  
  
1122  
00:43:12,380 --> 00:43:14,790  
不要迷信是不是这个道理  
  
1123  
00:43:14,870 --> 00:43:15,950  
我们对科学也好  
  
1124  
00:43:15,950 --> 00:43:17,590  
包括对古代传统文化也好  
  
1125  
00:43:17,790 --> 00:43:23,280  
都不要不思考不甄别不实践的直接去去那么信  
  
1126  
00:43:24,320 --> 00:43:27,600  
所以我说有很多人我说你学东西可能学不成  
  
1127  
00:43:27,760 --> 00:43:29,320  
为什么你没有精力  
  
1128  
00:43:30,360 --> 00:43:32,040  
我喜欢跟什么样的人交流  
  
1129  
00:43:32,520 --> 00:43:34,080  
就是有生活有阅历  
  
1130  
00:43:34,910 --> 00:43:36,750  
经历了很多事，知道好赖了  
  
1131  
00:43:37,230 --> 00:43:39,790  
那这个时候你跟他说话，他能听懂啊  
  
1132  
00:43:39,790 --> 00:43:40,790  
就这么简单啊  
  
1133  
00:43:41,150 --> 00:43:45,210  
所以泽泻白猪仲景先是用古人的方法  
  
1134  
00:43:45,210 --> 00:43:47,970  
他告诉你，其实这个问题的病根在土  
  
1135  
00:43:48,290 --> 00:43:50,370  
我的立脚就要立脚在土上啊  
  
1136  
00:43:50,570 --> 00:43:52,170  
所以泽泻无两，白猪二两  
  
1137  
00:43:52,290 --> 00:43:54,370  
当然在用的时候泽泻往往比白猪量大  
  
1138  
00:43:54,370 --> 00:43:56,290  
这也是事实啊，这没错  
  
1139  
00:43:57,790 --> 00:43:58,830  
呃，效果非常好  
  
1140  
00:43:58,830 --> 00:44:01,310  
这个方治疗那种不明原因的头晕  
  
1141  
00:44:01,390 --> 00:44:03,630  
当然你一看他的脉两尺脉啊  
  
1142  
00:44:03,630 --> 00:44:07,850  
一般来说一定是比较比比较那个那个长的啊  
  
1143  
00:44:07,850 --> 00:44:09,490  
就是说这个麦比较大  
  
1144  
00:44:09,810 --> 00:44:11,490  
那么一定是有水象，是不是  
  
1145  
00:44:11,830 --> 00:44:12,950  
呃，那么这种时候呢  
  
1146  
00:44:13,350 --> 00:44:14,470  
呃，你把这个  
  
1147  
00:44:15,610 --> 00:44:17,690  
这个这个汤一用  
  
1148  
00:44:17,770 --> 00:44:20,330  
一般情况下，如果他没有别的问题啊  
  
1149  
00:44:20,330 --> 00:44:21,450  
没有站位啊等等  
  
1150  
00:44:21,730 --> 00:44:23,730  
一般一周之内就比较快啊  
  
1151  
00:44:23,730 --> 00:44:25,290  
很快就就搞定了  
  
1152  
00:44:25,970 --> 00:44:28,250  
所以我由于它方少  
  
1153  
00:44:28,290 --> 00:44:29,650  
所以我就特别喜欢用  
  
1154  
00:44:30,570 --> 00:44:33,560  
当然了，在后世啊呃  
  
1155  
00:44:33,920 --> 00:44:35,120  
我后来看一些文献  
  
1156  
00:44:35,280 --> 00:44:36,800  
我也拓展了一下  
  
1157  
00:44:37,220 --> 00:44:39,940  
其实在古代的时候就有大小泽泻汤之分  
  
1158  
00:44:40,340 --> 00:44:41,780  
但是大泽泻汤哪去了  
  
1159  
00:44:42,100 --> 00:44:43,020  
应该是丢了  
  
1160  
00:44:43,550 --> 00:44:45,790  
千金里头有大泽泻汤，那个药很多  
  
1161  
00:44:45,790 --> 00:44:46,630  
里头有柴胡  
  
1162  
00:44:46,950 --> 00:44:48,230  
你们可以去看看啊  
  
1163  
00:44:48,510 --> 00:44:49,870  
千金方之中有大泽学堂  
  
1164  
00:44:50,190 --> 00:44:50,910  
但这个方呢  
  
1165  
00:44:50,910 --> 00:44:52,350  
其实他的学术根本啊  
  
1166  
00:44:53,340 --> 00:44:55,420  
往回追应该追到内经  
  
1167  
00:44:55,820 --> 00:44:57,860  
内经里有内经13方，咱们知道吧  
  
1168  
00:44:58,100 --> 00:45:02,930  
其中有一个方叫泽诸迷咸汤  
  
1169  
00:45:03,570 --> 00:45:04,850  
或者叫泽竹迷闲散  
  
1170  
00:45:05,470 --> 00:45:05,670  
呃  
  
1171  
00:45:05,750 --> 00:45:08,310  
泽泻白猪就三味药，泽泻白猪和迷弦  
  
1172  
00:45:08,390 --> 00:45:11,670  
迷是麋鹿的麋弦是叼着的，那个弦  
  
1173  
00:45:12,600 --> 00:45:13,400  
横着对吧  
  
1174  
00:45:13,920 --> 00:45:14,800  
叫鹿衔草  
  
1175  
00:45:15,560 --> 00:45:18,000  
当然主要用的是那个泽泻和白术啊  
  
1176  
00:45:18,080 --> 00:45:19,960  
等量的那个里头治啥呢  
  
1177  
00:45:19,960 --> 00:45:21,200  
有一种病叫酒疯  
  
1178  
00:45:23,090 --> 00:45:24,370  
这个大家不要曲解啊  
  
1179  
00:45:24,370 --> 00:45:26,450  
不是我们今天说的那个酒疯啊  
  
1180  
00:45:26,880 --> 00:45:27,040  
嗯  
  
1181  
00:45:27,040 --> 00:45:30,800  
那不是那个呃酒疯，酒疯是什么  
  
1182  
00:45:30,960 --> 00:45:33,820  
喝酒喝多了之后当风啊  
  
1183  
00:45:34,140 --> 00:45:35,340  
喝酒喝多了之后当风  
  
1184  
00:45:35,740 --> 00:45:38,410  
那么所以说泽泻白术汤呢，啊  
  
1185  
00:45:38,490 --> 00:45:39,090  
在这啊  
  
1186  
00:45:39,530 --> 00:45:40,890  
我引申一下啊  
  
1187  
00:45:41,330 --> 00:45:45,490  
其实可以把它当成一个解酒的方子啊你  
  
1188  
00:45:45,530 --> 00:45:49,370  
当然我这个说说传授一个技巧啊，大家那个  
  
1189  
00:45:50,940 --> 00:45:52,980  
但是这个我们课是公开的啊  
  
1190  
00:45:53,420 --> 00:45:54,860  
这个不要把它滥用啊  
  
1191  
00:45:55,140 --> 00:45:55,980  
我就说一什么问题  
  
1192  
00:45:55,980 --> 00:45:58,660  
比如说你要喝酒之前泽泻白术  
  
1193  
00:45:59,230 --> 00:46:01,430  
你把它打成面儿啊  
  
1194  
00:46:01,670 --> 00:46:02,350  
打成面儿  
  
1195  
00:46:02,790 --> 00:46:05,910  
然后呢，提前你不要之后再喝啊  
  
1196  
00:46:06,430 --> 00:46:08,030  
你之后再喝就不行了  
  
1197  
00:46:08,520 --> 00:46:11,160  
提前呢，韩服是吧  
  
1198  
00:46:11,680 --> 00:46:11,960  
呃  
  
1199  
00:46:12,330 --> 00:46:14,810  
多少就根据你身体体格，你就适量吧  
  
1200  
00:46:14,810 --> 00:46:15,890  
你可以探索，对吧  
  
1201  
00:46:16,130 --> 00:46:17,170  
这是科研精神  
  
1202  
00:46:17,410 --> 00:46:18,970  
然后哎，你再喝酒  
  
1203  
00:46:19,360 --> 00:46:19,560  
呃  
  
1204  
00:46:19,600 --> 00:46:20,320  
喝酒之后，哎  
  
1205  
00:46:20,480 --> 00:46:21,200  
神清气爽  
  
1206  
00:46:21,240 --> 00:46:22,160  
但有一个问题啊  
  
1207  
00:46:22,280 --> 00:46:23,280  
一定会有一个问题  
  
1208  
00:46:24,080 --> 00:46:26,470  
肯定会跑厕所，你知道吗  
  
1209  
00:46:26,670 --> 00:46:28,710  
这是百分之百，你憋是憋不住的  
  
1210  
00:46:28,910 --> 00:46:30,350  
因为药力作用是吧  
  
1211  
00:46:30,630 --> 00:46:32,390  
但是那个酒啊，他就不往身上走  
  
1212  
00:46:32,630 --> 00:46:36,370  
你想想白猪在里头防卫脾土是不是  
  
1213  
00:46:36,690 --> 00:46:37,650  
然后泽歇呢  
  
1214  
00:46:37,890 --> 00:46:38,530  
泽泻呢  
  
1215  
00:46:38,650 --> 00:46:40,050  
在底下直接气化膀胱  
  
1216  
00:46:40,330 --> 00:46:45,730  
那酒喝下去之后直接就走下边千杯不倒啊  
  
1217  
00:46:45,770 --> 00:46:47,010  
哈哈哈  
  
1218  
00:46:47,370 --> 00:46:50,250  
那这个其实我不应该教你们这个啊啊  
  
1219  
00:46:52,600 --> 00:46:54,200  
然后再给你们个套餐啊  
  
1220  
00:46:54,520 --> 00:46:56,360  
就是之后咋办啊  
  
1221  
00:46:56,360 --> 00:46:59,600  
就是喝完之后为了能够那个保肝  
  
1222  
00:47:00,490 --> 00:47:02,010  
把小柴胡汤再用上  
  
1223  
00:47:03,210 --> 00:47:03,410  
唉  
  
1224  
00:47:03,530 --> 00:47:04,770  
小柴胡汤再用上  
  
1225  
00:47:06,290 --> 00:47:06,490  
呃  
  
1226  
00:47:07,450 --> 00:47:09,450  
那么这就是全套功法啊  
  
1227  
00:47:09,570 --> 00:47:12,450  
都教给大家了啊，这比比较实用啊  
  
1228  
00:47:12,450 --> 00:47:15,740  
临床上这么一套，但是就唯一缺点容易被人看出来  
  
1229  
00:47:16,060 --> 00:47:18,820  
你咋老老老去厕所对吧  
  
1230  
00:47:19,100 --> 00:47:20,340  
人被人看出来啊  
  
1231  
00:47:21,050 --> 00:47:23,330  
他也有有一定的医疗代价啊  
  
1232  
00:47:24,330 --> 00:47:25,770  
那这个就跟大家说完了啊  
  
1233  
00:47:25,770 --> 00:47:28,420  
泽泻汤往后呢  
  
1234  
00:47:28,540 --> 00:47:31,850  
后破代皇，他这个比较有特点啊  
  
1235  
00:47:31,890 --> 00:47:33,490  
他制的也是指引  
  
1236  
00:47:33,530 --> 00:47:37,050  
但是凶满这个其实我认为你更多的是要从脉上看  
  
1237  
00:47:37,360 --> 00:47:39,880  
那么有痰饮能不能让它从大肠走能  
  
1238  
00:47:40,080 --> 00:47:41,040  
答案是能啊  
  
1239  
00:47:41,320 --> 00:47:44,840  
那么为什么无形之邪呀和有形之邪那不一样  
  
1240  
00:47:45,200 --> 00:47:47,080  
这个呢，偏于有形实邪  
  
1241  
00:47:47,120 --> 00:47:49,000  
那你就易攻下而用啊  
  
1242  
00:47:49,440 --> 00:47:50,560  
那么就比较简单  
  
1243  
00:47:51,240 --> 00:47:52,760  
呃，最后这张方呢  
  
1244  
00:47:52,960 --> 00:47:56,280  
知饮不得稀亭立大枣泻肺汤  
  
1245  
00:47:58,160 --> 00:48:00,320  
呃，这个方式咱们在费用的时候用过  
  
1246  
00:48:00,320 --> 00:48:03,870  
是不是肺肺用咳嗽上气那一篇啊  
  
1247  
00:48:03,910 --> 00:48:04,990  
用过，呃  
  
1248  
00:48:05,430 --> 00:48:07,950  
那么这张方我在这不过多的演绎  
  
1249  
00:48:08,110 --> 00:48:09,960  
我就说两个事  
  
1250  
00:48:10,240 --> 00:48:14,880  
第一呢，大早上升载药上行泽泻才能向下  
  
1251  
00:48:15,440 --> 00:48:18,900  
那么饮邪倒斜而出，是不是  
  
1252  
00:48:19,140 --> 00:48:19,340  
哎  
  
1253  
00:48:19,340 --> 00:48:21,180  
那么这是它的第一层含义  
  
1254  
00:48:21,700 --> 00:48:23,220  
呃，第二层呢  
  
1255  
00:48:23,580 --> 00:48:24,460  
那么在其中  
  
1256  
00:48:25,740 --> 00:48:28,620  
我个人的这个理解啊  
  
1257  
00:48:29,140 --> 00:48:30,740  
那么挺早泻肺汤呢  
  
1258  
00:48:30,820 --> 00:48:34,550  
它的这个有点我我个人认为啊  
  
1259  
00:48:34,950 --> 00:48:37,370  
跟辅行诀泻肺汤有点像  
  
1260  
00:48:37,730 --> 00:48:39,090  
当然辅行诀泻肺汤呢  
  
1261  
00:48:39,090 --> 00:48:40,690  
它有一个带黄，有一个芍药  
  
1262  
00:48:40,730 --> 00:48:41,250  
是不是  
  
1263  
00:48:41,410 --> 00:48:43,090  
那我在临床上是是是  
  
1264  
00:48:43,090 --> 00:48:44,490  
经常喜欢用，呃  
  
1265  
00:48:45,330 --> 00:48:47,210  
这个是突出一个补益的大枣  
  
1266  
00:48:47,930 --> 00:48:50,130  
那么那个呢是突出去血  
  
1267  
00:48:50,290 --> 00:48:52,600  
这个是也偏重于扶正  
  
1268  
00:48:53,000 --> 00:48:55,280  
那么总之，亭利大枣泻肺汤  
  
1269  
00:48:55,640 --> 00:48:57,640  
它的核心我认为啊  
  
1270  
00:48:58,400 --> 00:48:58,680  
呃  
  
1271  
00:48:59,760 --> 00:49:01,720  
就四五个字就把它涵盖了  
  
1272  
00:49:02,160 --> 00:49:05,240  
去肺中邪食就这么简单  
  
1273  
00:49:05,560 --> 00:49:09,410  
无论是痰，还是说无形的邪食还是饮啊  
  
1274  
00:49:09,650 --> 00:49:10,290  
那么总之  
  
1275  
00:49:10,330 --> 00:49:11,940  
去肺中邪石，我  
  
1276  
00:49:11,940 --> 00:49:14,020  
我在那边就是以脉为准啊  
  
1277  
00:49:14,020 --> 00:49:14,620  
以脉为准  
  
1278  
00:49:14,860 --> 00:49:15,900  
效果非常好啊  
  
1279  
00:49:16,220 --> 00:49:19,870  
见到那个肺的那个有脉里头有邪石之象  
  
1280  
00:49:19,870 --> 00:49:20,950  
那么你就可以用啊  
  
1281  
00:49:21,110 --> 00:49:21,870  
都非常好  
  
1282  
00:49:22,790 --> 00:49:23,630  
呃，好  
  
1283  
00:49:23,670 --> 00:49:24,910  
那么我们这堂课呢  
  
1284  
00:49:24,910 --> 00:49:26,350  
聊聊聊了这么多啊  
  
1285  
00:49:26,390 --> 00:49:28,670  
就先到这儿我们这个  
  
1286  
00:49:30,480 --> 00:49:31,520  
痰饮这一篇呢  
  
1287  
00:49:31,560 --> 00:49:35,280  
它是一个呃非常长的一篇，我计划呢  
  
1288  
00:49:35,680 --> 00:49:39,470  
呃是用嘶这个五讲啊  
  
1289  
00:49:39,470 --> 00:49:41,550  
一共用五讲给大家说完啊  
  
1290  
00:49:41,910 --> 00:49:43,590  
那么今天呢，就先到这儿下课吧  
  
1291  
00:49:43,590 --> 00:49:44,590  
同学们啊